

## Accepting Psychological Abuse

Good Evening Sweetheart,

How are you and Willie doing tonight ? Me - I just received the response to that grievance I wrote concerning the sheets and it reminded me why I don't write grievances !!! Here it is verbatim :

You were instructed to make sure that when you turn your laundry bag in that the tag with your name and DC number is on the outside so it can be identified. In your case you did not do this therefore you were told to submit an Inmate request to receive your laundry back . .Your grievance is denied. Smith, A.L. Lt.

You can see why - I haven't filed a grievance for over thirty years - I won't get into details or try to explain - I am glad, I was able to share this with you - and add it to my blog - apparently - I deserved to sleep without sheets and pillow case and there was no disrespect, because of my act of indiscretion - it all makes sense to me now ... B-((

Okay - I can put it behind me and move forward - the good thing is today was fairly uneventful - just another day in a negatively charged atmosphere - in which I survived to tell about it ... Take care and keep dry - love - One Eagle - XoXo