

## A c c o u n t a b i l i t y

My being in prison is no ones fault but my own. At an early age, rather than taking the advice of those who wanted good things for me I rebelled. Quickly my life spiraled out of control and I was on the streets engaging in gang activities and was heavily involved in criminal activity. My wreck-less lifestyle and continuous poor decision making caused jail to be a revolving door in my life.

I'm ten years into my second adult incarceration and daily I question "what did you do to your life?" The truth is I've destroyed it up to this point and I'm ashamed of that. However, I don't have to destroy it anymore so my objective is to leave this place different than when I came in.

Since being in prison I've completed programming in Anger Management, Criminal Thinking, A.O.D.A., and I also completed Vocational trades and college courses. Change has not come easy for me, but I'm learning most things in life takes hard work.

The center point of change to me is holding yourself accountable and I know "I" put me here. In the process a lot of peoples lives were impacted and I'm truly sorry for that.

As I move forward in my life I ask for every ones forgiveness and prayers. I'm excited about living a healthy lifestyle outside these walls. .. In the mean time I have a lot of work to do.

### Questions?

Do you believe in change?

What changes have you had to make in your life?

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"Forgive those who have hurt you."

Les Brown

