

## STAND STRONG



In this life that we live, it seems when time gets hard we tend to fold up and give in...at least that's what I've done most times.

With me, its almost like adversity, hardships, or struggles are my primary excuse for giving up. One of the most insightful things I've learned by being in prison is that life getting hard sometimes is not a good enough excuse to give up.

Life is hard...everyday I see men and women on TV who lived their lives doing all the right things, like going to college, working jobs, paying taxes, raising families only to lose it all by a bad economy, natural disaster, or simply by no fault of their own.

Life was hard for those people and they didn't rob banks, sale dope, or break the law. They collected unemployment, ate at shelters, got on welfare, or did whatever was necessary to get through another day.. **"They Stood Strong"**

I look up to those who are making the right choices despite the hardships they face and I thank them for giving men like me a chance to see the **"right"** way to deal with life's hard moments. For now on I will stand strong knowing many others have to do it daily as well.

### Questions?

Have you ever want to say "F" it but stood strong?

Are you standing strong now?

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**"Faced with what is right,  
to leave it undone shows a lack of courage".**

Confuscious

