

Sometimes Life seems very hard and difficult as if you, don't want to carry on know more. Life truly feels like sometimes unfair, as if the whole world is against you, one thing I learn in life we must keep a sense of humor. Rise above the madness, even though we as human beings, living in a cruel ass world.

True indeed, some of us, struggles with, hate, pain, anger, anxiety, sadness, drug addiction, rather it's depression as well stress under pressure, with poor families and no jobs, or education, some struggles with no role models, or no love from relatives, fear of being abandoned. some struggle with disabilities, and retardation, some struggle with inner hatred, directed towards others, are negativity thoughts. But all in all honestly speaking my self struggles with daily of being incarcerated.

Well despite my being incarcerated with all sorts of criminals, surrounded more around hatred, rather than positive, I still managed to maintain my sanity unlike many others here who have failed to do likewise. However I must admit only a big fool would say he's completely sane living in a unnatural/unbalance prison environment. Waking up every morning to this madness institution, I'd be

dazed & confused, but I'd must keep on striving and but I've continue to hold my head! because only ~~the~~ survive, through these trials & tribulations. dealing with so many Problems in Life, is there a solution to it? I always be wondering is everything going to turn out to be all right? well I'd hope so even though my'self lives with Regrets everyday how my Life in general turn-out.

Never the less when anyone is Placed in an cage, set of rough conditions that sincerely causes serious mental and Physical duress, the Results can indeed be catastrophic. as well Picture being Removed From the Natural Process of Life. that allows you, to Really Feel a sense of commonality by developing Naturally warm Kindly Feelings ahead in this human existence. now ~~if~~ all the Pure energy and attention that Prison administration apply to seeking to basically destroy the human, mind, or spirit and more importantly the soul of it's transformed to effect a qualitative change in the mind-set of Prisoners success could be at hand. Indeed This strategy can Really be accomplished. this is called, Pay the Ultimate Price, nor should I quoted "debt" to society.

But what Really needs to be Focused on! is how can we, as humans unite together, bring about Peace,

With one-another, because change take Place through awareness and active choice-making, the knowledge to build our strength, to sustain ones self-goal and obtain victory on the battle field, of war zones.

Due to the Fact, Everything is Politics, and based on the "money issue", but in reality it's should be about enjoying Life and counting our Blessings, because the world be a better Place, if we'd all have a PROFOUND Love FOR humanity, and WORKING on stopping the wars, and the Mass-destructive route the world has taken, truth be told, everybody should at Least donate more Fees, to the third-world countrys. and Really start seeking out ways to have clean-water, Food, clothings, sent to the POOR in need of these Supplies.

Overall standards we can make a difference because "Policies need to be change, & more educational Programs need to be implemented, and all human-rights should be equal.

Also, Last and not Least I would Like to thank First of all, "Between the Bars" For allowing Prisoner's ~~voice~~ voice be heard. and many thanx to all visitors who reads the blogs & Leave Public "comments".
Peace out! "Only the Strong survive"