

I Landon Philmore has provided Between the bars with my
Correct form. And this is my first piece I am Submitting.

Ladies, and Gentlemen I will introduce you to A world that's
visited to Ottawa. Well periodically I will let you into my
world. My mind thinks Outside the box. All I just take a
Journey With me, And you'll See how I see!

Over-Controlling

Those words Aren't meant to be together in my interpretation of
the english language,

Yet they look so in sync with each other side by side.

If they Are Suppose to be together then whoever said,
"It was Alright."

Should Acknowledge the fact that Some took that Saying, Expr-
ession, Action And ran with it.

Over-Controlling, Stand! Sit! Shut up and do As I say.
But Is I saying this Alright with your better thinking to
have to Stomach ("BLATANT")!! Sternness, Firm direct
manipulative Commands, To have One Feeling Childlike
Matterfact less of A Man.

Over-Controlling, might blind your insight to see that the
controller is no better than he, on the other side
receiving. So that barrier between them can be decreasing.
And the Achieving you want to Agree Is no longer
worth Completing. Cause Now your felt emotions are defeated.

Ponder on this! (Defeated) Is A word that only
exist when your heart is lacking Confidence. Your
Knee bones connected Thigh and so forth and so forth.
Well your veins And Organs Are connected As
well So what makes them All function (Your heart)!
Get It?

Well Listen! I'll Go deeper into this.

All your body part function from your heart. So If Confidence Is pumping from it then your heart strengthens your mind to say, "Forget!" "A person whos Over Controlling I'm in Control of my life. Now do you get it?"

Right, So! Over-Controlling I believe is only coming from weak people.

Now! How can a weak person be stronger then you? When, Guess what?

Their not even in controllment of there life. That's just my insight on:
Over-Controlling!

words by L4Row

I swear this was originated by L4Row Philmore GE-2387
I was Inspired by SCI - Smithfield's Staff. A State
Correctional Camp in Pennsylvania! I am A 26 yrs old
Convict That loves the Spoken Word depending the feedback
will determine my next Submittle. All Criticism is Welcome.

*Solitary Confinement At Just SCI Smithfield 356 days

I SWEAR Under 18 P.A. C.S.A § 4904 All lesson true.

C/C : File
C.D.T (B.E)
L.P.H.I.D.C.
A.H. (D.A)

Respectfully Submitted
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