

S.T.I.T.C.H.E.S.

SUICIDAL TENDENCIES, INTRIGUING, TRAUMATIC, CUTTING, HINDERING, OTHERS, SALVATION.

Stitch - TO BIND TOGETHER, TO HOLD IN PLACE UNTIL FULLY HEALED OR RECOVERED, TO PUT TOGETHER WHATS BEEN TORN APART OR BROKEN, SUPPORT.

Stitch

GOALS AND OBJECTIVES

S.T.I.T.C.H.E.S. IS A FOUNDATION DESIGNED TO HELP SUPPORT, REHABILITATE, SAVE, AND DIRECT "CUTTERS", SELF-HARMERS AND PSYCHIATRIC INDIVIDUALS OF RELATED MENTAL ILLNESSES TO ALTERNATIVE MEDICATIONAL THEROPY, ALTERNATIVE METHODS OF SELF-HARMING BEHAVIOR, HUMAN POTENTIAL, ALTERNATIVE SOLUTIONS TO CRISIS MANAGEMENT IN COPING SKILLS, MENTAL HEALTH AWARENESS, AND TRANSITIONS TO A NEW LIFE.

FOUNDER

Andrew Perales - A FORMER SUICIDAL CONVICTED FELON WHO BATTLED SELF-HARMING, ADDICTIONS, SUICIDE ATTEMPTS, SUICIDAL THOUGHTS, MENTAL ILLNESSES, AND HIS ROCK BOTTOM.

WAS HOMELESS, A CHILD RUNAWAY, BEATEN, ABANDONED, ABUSED, IMPRISONED, DIVORCED, DISOWNED, YET SURVIVED.

HAS CONTINUED TO STAND STRONG AND ACCOMPLISH EVERYTHING EVERYONE DOUBTED HIM ON AND STILL STRIVES TO ACCOMPLISH THE GREATER THINGS IN LIFE. LIVING PROOF WE CAN STRUGGLE, ENDURE, AND SUCCEED..... ALL THROUGH THE LOVE AND GRACE OF OUR ALMIGHTY GOD.

Note: S.T.I.T.C.H.E.S. IS A FOUNDATION IN TRYING TO ORGANIZE AND WOULD LOVE TO GET STARTED. I WOULD TRY TO ESTABLISH A WEBSITE AND OPEN IT TO THIS COMMUNITY OF INDIVIDUALS TO BLOG AND CHAT AMONGST EACH OTHER, AS WELL AS INCLUDING THE GOALS AND OBJECTIVES, BUT INCARCERATION PREVENTS AND HINDERS.

ANY CONTRIBUTIONS, DONATIONS, ADVICE, WISDOM, KNOWLEDGE, EXPERTISE ON TRYING TO ACHIEVE THE ORGANIZATION AND START TO THIS FOUNDATION!

Will be greatly appreciated and humbly accepted. This is all non-profit and all will be used to further the foundation's recognition to society, expand, widen the amount of people we could help, and anything that needs to be done to keep the foundation running progressively.

Anyone reading this or knows of an individual who is depressed, suicidal self-hatator, or is experiencing mental illness and needs help, please direct them to a counselor for immediate attention, or for further assistance of general help, please direct them to the address below. I've lived their traumatic experiences and can relate to so much. I'm one of them and I've recovered, plus moved on to a successful life.

I strongly believe in my heart and mind that I could help people change their lives and behavior for the greater good by simply sharing my testimony, life experiences, and knowledge as well as wisdom in these areas. I will be publicly speaking on the topics addressed. I will also continue my higher education in these fields to better help myself and others.

CONTACT INFORMATION:

Please send all information to me at the address below. If you're a self-hatator or an individual who is depressed or dealing with suicidal thoughts or the equivalent consequences and are in need to talk to someone in confidentiality, or just looking to be heard, and interested in a relationship, please write to the address below. Know you are not alone and your story matters to me. Your important and your life matters to me. I feel your pain and I can help you through your struggles. Your secrets are safe with me. Your pain is real and my help is real. The hope I give is real and you need to know rescue and freedom is possible. The first step to recovery is the hardest to take, and it's worth it. Your worth fighting for and change is possible. I did it, and I believe I can help you do it to. This is not the end of your story. It's only the beginning.

I will be home in 11 months. Phone numbers and other forms of communication will be available and provided. I discharge 3-18-2012 and will be home on that date.

Andrew "Stitch" Perales
T.V.C. #1281973
SUITH UNIT, K-2116
1313 COUNTRY ROAD 1A
LA MESA, TX. 79331

Please leave contact information for a return response

Only written is in form of communication. I have no ties to computers or phones.

Disclaimer: I am in no shape or form a counselor, doctor, psychiatrist, psychologist or any other job title that requires a license nor do I try to pose as one. I'm in no way trying to cure anyone with medication or preventing anyone from the use of medication. I'm in no way establishing a business, nor do I seek any profit.