

Rambling Thoughts

5-15-11

All day long I've been trapped inside my brain trying to sort out all the thoughts that go through my head. Things from when I was a child all the way up to the present. The only thing that I can come to a conclusion on is that I have way to much time on my hands being here in Administrative Segregation.

I guess you could say though that it's better than having to listen to all the crap that goes on around me. Everyday I wake up I have to listen to my neighbor complain because they feed us two sandwiches while we are on lockdown. Then you have others cussing each other out and making all kinds of noises. Being here is like being in a day care. Grown men crying because of what these officers do but they never thought once about crying for their victims. It's sad to say that the majority of us offenders will not learn from what they've done. Me, I constantly think of what I've done and instantly am ashamed of what I did.

Though, I may be in prison but it's time for me to do what I have to do to better myself and the first step is getting away from all these cry babies.

Don't mind me these are just my rambling thoughts.

Lawrence Gromp