

THE INJUSTICES HAS
RISEN +++ AT MID-STATE
CORRECTIONAL PRISON 4/20/11

THE EVENTS AND STORIES I BRING
TO YOU ARE IN NO CHRONOLOGICAL
ORDER. I MAY BRING THEM TO YOU
AS THEY HAPPEN OR PAST EVENTS.
THE ONE THING THAT I CAN ASSURE
YOU ABOUT ANY OF MY, POEMS, SONGS,
INCARCERATION EXPERIENCES, AND
STORIES THAT THEY ARE ALL TRUE.

MID-STATE CORRECTIONAL FACILITY
MARCY, NEW YORK IS SUPPOSE TO
MAINTAIN HOUSE THE MENTALLY ILL
AND UNSTABLE INMATES. IT SUPPOSE
TO BE RATED ONE OF THE HIGHEST
MENTAL FACILITIES IN THE AREA. OF
COURSE THIS ISN'T TRUE. MENTAL
ILLNESS ARE RATED 1-6. ONE BEING
THE LOWEST SIX BEING THE HIGHEST.
LEVELS 1 & 2 CAN BE FOLLOWED BY A "S"
WHICH MEANS SEVERE. MY RATING IS 1-S.
(A DIFFERENT STORY). I MET WITH MY
MENTAL HEALTH COUNSELOR LAST
WEEK TO DISCUSS MY HEALTH COND-
ITION (MENTAL). DURING THE VISIT
SHE INFORMED ME THAT MY MENTAL
HEALTH LEVEL COULD NEVER GO ABOVE

A "2" RATING. I KNOW THIS IS NOT TRUE BECAUSE SINCE I'VE BEEN HERE MY RATING WAS ONCE AT IT'S HIGHEST LEVEL WITH MY CASE BEING CLOSED. WITH THE DISAGREEMENT BETWEEN THE MENTAL COUNSELOR AND I BEFORE DEPARTING OF COURSE I DIDN'T SIGN THE CONSENT FORM. THE FIRST TIME I'VE DONE THAT IN MY ENTIRE INCARCERATION PERIOD. BEFORE LEAVING I EXPLAINED TO HER MY CONDITION (PARANOID SCHIZOPHRENIA) HAD BEEN IN REMISSION FOR QUITE SOME-TIME WITHOUT MEDICATION. HER RESPONSE WAS THIS CONDITION CAN'T GO INTO REMISSION. I EXPLAINED TO HER I'VE DONE SOME STUDIES ON THIS ILLNESS AND I HAVE DOCUMENTATION THAT STATES DIFFERENTLY. WELL, MR. PAYNE BRING IT WITH YOU NEXT TIME. WHICH WOULD BE A MONTH FROM THAT DATE. YESTERDAY I WAS SEEN BY THE HEAD MENTAL HEALTH COUNSELOR A NURSE PSYCHIATRIC PRACTITIONER. THE BASES OF OUR CONVERSATION WAS WHY DID I WANT MY MENTAL HEALTH LEVEL RAISED SO BADLY?

3-

SO I RESPONDED FIRST I'VE SHOWN
NO SYMPTOMS OF MENTAL HEALTH
ISSUES NOT BEING ON MEDICATION
SECOND THIS LOWER STATUS IS STAND-
ING BETWEEN ME AND MY TRANSFER.
FIRST MISTAKE BEING HONESTLY WITH
ME, I HAD DOCUMENTATION CONCERNING
MY DISORDER WHICH MY COUNSELOR RE-
QUIRED TO SEE. I SHOWED IT TO THE
NURSE PRACTICER SHE LOOKED AT IT
BRIEFLY AND SAID SHE COULD REME-
MBER WHAT I WAS SPECIFYING FROM
HER COLLEGE TRAINING. I THEN STARTED
BACK TO WHEN MY MENTAL HEALTH LEVEL
WAS AT IT'S HIGHEST POINT AND TRIED
TO GET INSIGHT ON HOW IT REACHED
IT'S LOWEST POINT. SOMETHING I SHOULD
HAVE DONE LONG AGO. EVEN TRYING THIS
I WAS ONLY GIVEN BRIEF DETAILS. ALL
THAT JUSTIFIED FOR SOME END REASON
MY MENTAL HEALTH STATUS SHOULDN'T
AND WON'T RISE. AFTER THIS CONFLICT-
ING CONVERSATION THE NURSE STATED
ONE REASON YOUR LEVEL IS SO LOW
IS YOU'RE DENING MEDICATION.
ALSO YOU'RE DENING BEING SICK.
FURTHER MORE YOU'RE AGITATED.
OH NO! NOW THE TOTALLY FALSE

4-

JUSTIFICATIONS HAS BEGUN. I STATED HOW CAN I BE DENING BEING SICK WHEN I'VE BROUGHT YOU INFORMATION CONCERNING MY ILLNESS? NO RESPONSE OF COURSE. THEN I SAID I'M NOT REFUSING MEDICATIONS YOU TOOK ME OFF! THEN SHE SAID DO YOU WANT TO GO BACK ON THEM? I SAID "NO FOR WHAT?" SHE AGAIN STATED THE THREE REASONS PREVIOUSLY MENTIONED. I SAID NO I DON'T WANT TO GO BACK ON MEDICATIONS. ANSWERING A QUESTION NOT A REQUEST. SHE THEN SAID NOW YOU'RE REFUSING YOUR MEDICATION. SMILING WITH A FEW SHORT GIGGLES AS THOUGH SHE WAS ENJOYING THIS WORD GAME SHE WAS PLAYING. I ASKED HER IF I'M SO ILL WHY HAVEN'T I SEEN A PSYCHIATRIST? OH, I CAN SEE YOU. STILL AVOIDING MY QUESTION. THE ENTIRE TIME YOU CAN SEE SHE WAS GAINING PLEASURE THROUGH OUR ENTIRE SESSION.

I FEEL OBLIGATED TO BRING THESE THINGS TO THE PUBLICS ATTENTION NOT ONLY BECAUSE

BUT BECAUSE DIAS, IMPROPER, HATEFUL, INSENSITIVE BEHAVIOR HAPPENS ON A REGULAR BASES. NOT ONLY THIS FACILITY BUT OTHERS THAT I HAVE VISITED! AFTER LEAVING THE NURSE PRACTITIONER'S OFFICE I BEGAN TO THINK I WONDER HOW MANY THOUSANDS OF INMATES HAVE RECEIVED THIS TYPE OF DIAGNOSIS. MAYBE EVEN WORSE. FORCED TO TAKE MEDICATIONS NOT NEEDED. FOR PEOPLE OF THAT NATURE PLACED INTO THOSE POSITIONS. ONLY MEANS ONE THING THIS TYPE OF ATTITUDE IS CONSIDERABLE! MOREOVER EVEN PROMOTED. A PRIVATELY OWNED ORGANIZATION CALLED "THE CORRECTIONAL ASSOCIATION" DOES RANDOM INSPECTIONS ON VARIOUS FACILITIES RECEIVING SURVEYS FROM INMATES CONCERNING THEIR OUTLOOK ON CERTAIN CONDITIONS. ALSO CERTAIN RECORDS AND INPUT FROM STAFF. ONE OF THEIR FINDINGS WAS "THE OFFICE OF MENTAL HEALTH" STAFF SHOULD HAVE BETTER TRAINING. THIS IS A MENTAL HEALTH FACILITY WHICH SPEAKS FOR ITSELF. COMMENTS ARE WELCOMED 