

blog

hey what's up this is Jason this is the first time I've ever used a blog so I'm not all sure what to say but I'll give it my best! so I'm a lifer at satf state prison I've only been on this yard for 7 months I've spent 5 years on a violent level 4 yard but I stayed out of the way and I made it to a level 3 yard and wow it is so much different I work in the kitchen in the scullery that's where we clean all the trays that people eat off. I do have an online profile you could go to if you would like to write me. I love letters and I love to write. I'm not married and I have no kids. Prison is kind of alright once you get over the fact that your going to be here for a while you do alright. so this morning at 9AM yard opened and I went out and worked out. I always run and then I do bar work! I try to take somewhat good care of myself so the system doesn't beat me! but I like to eat so I have to watch myself. so I'm not sure what else to say I have poems that I have written If you would like to read them just let me know and please log onto my profile and look at my picture and find out more about me and if you like what you hear please feel free to write. hope to hear from you

Respect
Jason.