

# The TEXAS FREEDOM EXAMINER And REPORT

Post #8  
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The OFFICIAL NEWS LETTER of the TEXAS PRISONERS FREEDOM AGENDA  
CAMPAIGN ; Vol #1, No #1  
, MAY 30, 2011.

DANNY BONDS, Editor

## Editorial PAGE

THE TPFA CAMPAIGN HAS SUFFERED A BREAKDOWN IN COMMUNICATION (FOR UNKNOWN REASONS) WITH IT'S FREEWORLD SUPPORTER THE BOSTON ABC IN BALTIMORE, MARYLAND. THE BOSTON ABC WAS HANDLING TPFA MAIL AND HELPING TO MAINTAIN THE TPFA MYSPACE.COM WEBSITE. THE TPFA CAMPAIGN IS WORKING TO REMEDY THIS BREAKDOWN IN COMMUNICATIONS OR TO FIND FREEWORLD SUPPORTERS TO REPLACE THE BOSTON ABC AND ASSIST IN HANDLING TPFA MAIL, MAINTAINING TPFA MYSPACE SITE, AND HELPING WITH OTHER BASIC ADMINISTRATIVE, TECHNICAL OR FINANCIAL NEEDS OF THE CAMPAIGN. IF YOU'RE INTERESTED AND YOU WISH TO PARTICIPATE IN, SUPPORT OR CONTRIBUTE TO THE TPFA CAMPAIGN OR FIND OUT MORE ABOUT THE TPFA CAMPAIGN, CHECK OUT OUR MYSPACE WEBSITE AT : [www.myspace.com/txprisonersfreedomagenda](http://www.myspace.com/txprisonersfreedomagenda), AND/OR WRITE/CONTACT THE TPFA CAMPAIGN OR ME AT THE ADDRESS GIVEN BELOW, AND/OR SEND ME A NETWORK 519 BLOG COMMENT.

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## THE TPFA CAMPAIGN'S CALL TO ACTION AND REQUEST FOR SUPPORT

GREETINGS TO ALL FREEDOM FIGHTERS IN TEXAS AND ELSEWHERE!

THE TEXAS PRISONERS' FREEDOM AGENDA CAMPAIGN (TPFA CAMPAIGN) ISSUES THIS CALL TO ACTION AND REQUEST FOR YOUR SUPPORT FOR THIS GREAT CAMPAIGN FOR FREEDOM.

TPFA CAMPAIGN PROMOTES A UNIFYING AGENDA THAT IDENTIFIES THE PROBLEMS "most important" TO ALL TEXAS PRISONERS, AND ALSO ASSERTS "FUNDAMENTAL DEMANDS"

that must be met to correct them. The main goal of the TPFA campaign is to defend, protect and advance the rights and freedoms of all TEXAS PRISONERS, AND OUR FAMILY MEMBERS, FRIENDS AND OTHER SUPPORTERS IN THE FREEWORLD, WHO ARE DIRECTLY OR INDIRECTLY IMPACTED BY PRISON ABUSE AND CRIMINAL INJUSTICE PERPETRATED IN TEXAS AND/OR BY THE PRISON INDUSTRIAL COMPLEX IN GENERAL AND NATIONWIDE.

BECAUSE PRISONERS IN TEXAS HAVE NO POLITICAL VOICE OR POWER, AND ARE EXCLUDED FROM THE SOCIAL AND ECONOMIC COMMUNITIES OF SOCIETY, THE FULL SUPPORT OF "ALL TRULY CONCERNED" CITIZENS, VOTERS, TAXPAYERS, FAMILY MEMBERS, FRIENDS, AND OTHER SUPPORTERS IN THE FREEWORLD (BOTH IN TEXAS AND ELSEWHERE) IS CRITICAL TO THE SUCCESS OF THE TPFA CAMPAIGN. Thus, THE TPFA CAMPAIGN HAS AND WILL CONTINUE TO USE BOTH OFF-LINE AND ONLINE GRASSROOTS METHODS TO BUILD A POWERFUL AND EFFECTIVE POLITICAL AND SOCIO-ECONOMIC NETWORK, LINKING TEXAS PRISONERS WITH OUR FAMILY MEMBERS, FRIENDS AND OTHER SUPPORTERS IN THE FREEWORLD COMMUNITY IN ORDER TO PROTECT AND ADVANCE THE FREEDOM AND RIGHTS OF ALL TEXAS PRISONERS IN PARTICULAR AND OUR FREEWORLD FAMILY MEMBERS, FRIENDS AND SUPPORTERS WHO SHARE A COMMON INTEREST WITH US.

Accordingly, WE CALL ON ALL TEXAS PRISONERS AND ALL THE TRULY CONCERNED FAMILY MEMBERS, FRIENDS AND SUPPORTERS OF TEXAS PRISONERS IN THE FREEWORLD, TO JOIN FORCES AND ENLIST AS TPFA CAMPAIGN MEMBERS, ORGANIZERS AND SUPPORTERS IN WHATEVER WAY YOU CAN. WE NEED PRISONER AND FREEWORLD ORGANIZING AND TECH SUPPORT AND HELP WITH OUR JOINT ADMINISTRATIVE COORDINATING COMMITTEE, OUR GUARANTEE HEALTH CARE FREEDOM COMMITTEE, OUR TEXAS FREEDOM EXAMINER AND REPORT NEWSLETTER, OUR SOCIAL NETWORK SITE ON MYSPACE.COM ([www.myspace.com/txprisonersfreedomagenda](http://www.myspace.com/txprisonersfreedomagenda)), AND WITH OTHER TPFA CAMPAIGN ADMINISTRATIVE, EDUCATIONAL, PROMOTIONAL OR FINANCIAL OPERATIONS, PROJECTS, ACTIVITIES AND NEEDS.

BE PART OF THE SOLUTION: STAND UP, STAND TOGETHER AND SPEAK OUT

AGAINST PRISON ABUSE AND INJUSTICE! O' YE GUARDIANS OF FREEDOM, RISE AND UNITE! TAKE ACTION NOW! HELP BUILD THE TPFA CAMPAIGN INTO A MIGHTY ORGANIZED FREEDOM FORCE/CAMPAGN.

WRITE OR CONTACT THE TPFA CAMPAIGN FOR MORE INFORMATION, TO JOIN AND/OR TO SHOW YOUR SUPPORT AT:

TEXAS PRISONERS FREEDOM AGENDA  
C/O CENTRAL TEXAS ABC  
P.O. BOX 7187  
AUSTIN, TEXAS 78713  
TWITCHON @ hotmail.com

FREEWORLD PERSONS/GROUPS MAY SEND ME A NETWORK 589 BLOG COMMENT, OR WRITE ME DIRECTLY AT:

DANNY BONDS, # 542646  
MICHAEL UNIT  
2664 F.M. 2054  
TENN. COLONY, TEXAS 75886

OPPRESSION IS WORSE THAN DEATH! STIFF RESISTANCE!  
FREEDOM AND JUSTICE FOR ALL TEXAS PRISONERS!

DANNY BONDS  
TPFA CAMPAIGN COORDINATOR

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#### List of TPFA Campaign Documents/Literature

The following TPFA Campaign Documents/LITERATURE CAN BE FOUND ON THE TPFA CAMPAIGN'S MYSPACE WEBSITE (WWW.MYSPACE.COM/TXPRISONERSFREEDOMAGENDA):

1. TPFA CAMPAIGN ORGANIZING PAMPHLET

2. TPFA CAMPAIGN ONLINE GRIEVANCE PETITION: "PETITION FOR ADEQUATE TO CJ INMATE GRIEVANCE PROGRAM AND ACCESS TO JUDICIAL REVIEW"

3. TPFA CAMPAIGN POSITION PAPERS:

#1 - WHERE TPFA STAND ON HOMOSEXUALITY.

#2 - WHERE TPFA STAND ON TPFA CAMPAIGN-RELATED INMATE ORGANIZING AND BUSINESS ACTIVITIES.

#3 - Joint Administrative Coordinating Committee (JACC).

#4 - GUARANTEE HEALTH CARE FREEDOM COMMITTEE (GHCFC).

4. TPFA CAMPAIGN E-NEWSLETTER "TEXAS FREEDOM EXAMINER AND REPORT":

ISSUE #1 - "CRIMINALS ON TEXAS COURT OF CRIMINAL APPEALS!"

ISSUE #2 - "STATE AUDITOR'S REPORT ON TDCJ INHERENTLY BIAS INMATE GRIEVANCE PROGRAM!"

ISSUE #3 - "Did Judge SHARON KELLER VIOLATE HIGH CRIMINAL COURT'S EXECUTION-DAY RULE?"

ISSUE #4 - "OPEN LETTER TO MR. JOHN GILLIGAN, THE ATTORNEY REPRESENTING MAJOR NIDAL HASAN", AND "THE IRRESISTABLE IMPULSE INSANITY DEFENSE!"

ISSUE #5 - "20 % BUDGET CUTS", "FLAGRANT ABUSE OF PRISONER DISCIPLINARY PROCESS", AND "TPFA MYSPACE FRIENDS QUESTIONNAIRE!"

ISSUE #6 - "POST-CONVICTION REMEDIES AND THE LOST PRINCIPLES OF INNOCENCE AND JUSTICE!"

PS: until further notice, all future TPFA campaign documents/literature will be posted and can be found on this "NETWORK 519" blog site. So stay tuned, stay connected and don't forget to LEAVE your comments here. I'll reply to your comments in future issues of this newsletter.

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INADEQUATE AND ILLEGAL JOHNNIE SACK MEALS  
AT MICHAEL UNIT

On 5-17-11, Michael unit in Tenn. Colony, Texas, was put on institutional lockdown to conduct the first yearly major unit shake down (PROPERTY AND CELL SEARCH). This institutional lockdown lasted 13 days - from 5-17-11: 10:00 A.M. to 5-28-11: 6:45 p.m.

DURING INSTITUTIONAL LOCKDOWNS SUCH AS THIS, ALL INMATES IN THE TEXAS DEPARTMENT OF CRIMINAL JUSTICE (TDCJ) REMAIN CONFINED TO THEIR CELLS AT THEIR PARTICULAR UNIT AND ARE ~~REGULARLY~~ fed in their cell "JOHNNIE SACK MEALS." THESE JOHNNIE SACK MEALS ARE PROVIDED IN A SMALL BROWN PAPER SACK 3 TIMES A DAY AT BREAKFAST, LUNCH AND DINNER.

The TDCJ Food SERVICE MANUAL<sup>1</sup> SET FORTH SPECIFIC POLICIES AND RULES THAT GOVERN HOW JOHNNIES ARE TO BE PREPARED AND THE AMOUNT OF FOOD THEY MUST CONTAIN, SO THAT INMATES ARE FED AN ADEQUATE AND NUTRITIOUS MEAL, EVEN WHILE ON LOCKDOWN. THESE FOOD SERVICE POLICIES AND RULES HAVE THE "FORCE AND EFFECT OF LAW"<sup>2</sup> IS "BINDING" ON PRISON OFFICIALS<sup>3</sup>, AND THUS JOHNNIES WHICH VIOLATE THEM ARE INADEQUATE AND THE PRISON OFFICIALS WHO PREPARE/SERVE THEM ARE ACTING ILLEGALLY (I.E., ULTRA VIRES).<sup>4</sup> HOWEVER, PRISON INMATES HAVE BEEN DISCRIMINATORILY AND ARBITRARILY BARRED BY THE TEXAS LEGISLATURE FROM BRINGING LEGAL ACTION IN TEXAS COURTS TO CORRECT OR STOP PRISON OFFICIALS ILLEGAL CONDUCT WHICH VIOLATE BINDING PRISON RULES.<sup>5</sup> THIS TOLERANCE BY THE TEXAS LEGISLATURE OF ILLEGAL CONDUCT BY PRISON OFFICIAL IS WHOLLY OUTRAGEOUS, AND CONFLICTS WITH MODERN AMERICAN DEMOCRATIC PRINCIPLES AND CONCEPTS OF BASIC HUMAN DECENCY.

IT SHOULD BE POINTED OUT THAT FOOD AND HEALTH EXPERTS HAVE LONG AGO ESTABLISHED THAT GOOD NUTRITION OR ADEQUATE DIET IS CRUCIAL TO MANAGING STRESS, MAINTAINING

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1. This MANUAL is AVAILABLE AT TDCJ'S WEBSITE: [www.tdcj.state.tx.us](http://www.tdcj.state.tx.us).

2. SEE KINNARD V. HOMANN, 750 S.W.2d. 30 (TEX. APP. AUSTIN 1988).

3. SEE SOUTHERN CLAY PRODUCTS, INC. V. BULLOCK, 753 S.W.2d. 781 (TEX. APP. AUSTIN 1988).

4. FIRST FEDERAL V. VANDYGRUFF, 639 S.W.2d. 492 (TEX. APP. AUSTIN 1982); CHRYSLER CORP. V. BROWN, 99 S.C.T. 1705, 1718 (1979).

5. SEE VERN. ANN. TEX. GOV'T. CODE 2001.226, WHICH BARS PRISON INMATES FROM SEEKING JUDICIAL REVIEW UNDER ADMINISTRATIVE PROCEDURE ACT (APA) OF ILLEGAL CONDUCT BY PRISON OFFICIALS WHICH CLEARLY VIOLATE BINDING PRISON RULES.

stable blood sugar levels, and functioning adequately throughout the day. It is VERY STRESSFUL, AGONIZING AND DEPRESSING just to be confined in a small 8x12 ft. CELL WITH ANOTHER INMATE ALL-DAY AND EVERY-DAY for long periods of time. But this ALREADY VIOLENT OR EXPLOSIVE SITUATION IS MADE MUCH WORSE WHEN A BASIC HUMAN NEED FOR ~~GOOD~~ Adequate food go UNMET.

THE INADEQUATE AND ILLEGAL JOHNNIES CAUSES INMATES TO SUFFER PENT-UP STRESS, PASSIVE ANGER AND MISGUIDED FURY MANIFESTING ITSELF IN THE FORM OF HOSTILITY, ARGUMENTS AND FIGHTS BETWEEN INMATE CELL-PARTNERS, INMATE ASSAULTS ON STAFF, SUICIDE ATTEMPTS, AND/OR OTHER DISRUPTIVE OR SELF-DESTRUCTIVE BEHAVIOR. Thus, the fact that an INMATE RECEIVED A JOHNNIE SACK MEAL WHOLLY INADEQUATE IN NUTRITIONAL VALUE MAY AT FIRST GLANCE SEEM A TRIVIAL MATTER. HOWEVER, A CLOSER LOOK AT THE WHOLE PICTURE SHOWS THAT INMATE'S LIVES AND PHYSICAL FREEDOM HAVE BEEN LOST IN THE PAST, AND ARE AT SERIOUS RISK BECAUSE INADEQUATE/ILLEGAL JOHNNIES BEING SERVED DURING LOCKDOWN. IN FACT, ON OR ABOUT 5-24-11, ON MICHAEL UNIT 8 BLDG. L-POD 3-SECTION, A WHITE AND MEXICAN INMATE WHO WERE CELL-PARTNERS GOT INTO A FIGHT IN THEIR CELL WHEN THE WHITE INMATE GRABBED THE MEXICAN INMATE'S JOHNNIE. ALTHOUGH THE WHITE INMATE IS REPORTED TO HAVE NEVER STRUCK THE MEXICAN INMATE, BUT WAS HIMSELF STRUCK TWICE OR MORE BY PUNCHES FROM THE MEXICAN INMATE, ONLY THE WHITE INMATE IS REPORTED TO HAVE RECEIVED A FIGHTING DISCIPLINARY CASE. THE FIGHT WAS NOT SEEN BY PRISON OFFICIALS, BUT WAS REPORTED TO THEM BY THE WHITE INMATE WHO DEMANDED THEY MOVE HIM TO ANOTHER CELL AFTER AND BECAUSE OF THE FIGHT. HIS DISCIPLINARY CASE WAS "SELECTIVE" AND IN "RETALIATION" ~~because~~ BECAUSE HE REPORTED THE FIGHT AND INSISTED ON BEING MOVED TO ANOTHER CELL FOR HIS OWN PERSONAL SAFETY.

NOW PAUSE AND THINK FOR A MINUTE. IF YOU HAVE OR IN THE FUTURE MIGHT HAVE A INMATE RELATIVE, FAMILY MEMBER OR FRIEND INCARCERATED AT THE MICHAEL UNIT, IF COULD'VE BEEN OR COULD BE HIM INVOLVED IN THIS OR A FUTURE "SITUATIONALLY INFLUENCED" PREVENTABLE, SENSELESS AND POTENTIALLY DEADLY FIGHT CAUSED BY INADEQUATE/ILLEGAL JOHNNIE SACK MEALS. MY QUESTION TO YOU IS, DO YOU REALLY CARE? IF YOU DO, THEN LEAVE ME A COMMENT LETTING ME KNOW. DON'T WAIT UNTIL IT'S TOO LATE.

the Johnnies served at Michael unit during this 13 day Lockdown don't comply with TDCJ Food Services Policies and Rules and the American Correctional Association guidelines because:

1. the amount of peanut butter is less than 1 TBS on PANCAKES or sandwich
2. The ~~LUNCH AND DINNER SACK MEAL~~ meat or meat substitute item is less than 2 1/2 oz.
3. the amount of CALORIES/nutrition in most JOHNNIE SACK MEALS is far less than minimum required for adequate nutrition or healthy diet.

Below are examples of the INADEQUATE/ILLEGAL Johnnie Sack meals at Michael Unit:

[The meals underlined are INADEQUATE/ILLEGAL]

5-17-11 LUNCH: 1 burrito, 1 peanut butter sandwich with less than 1/2 TSP of watered down peanut butter.

DINNER: 2 whoppers, 1 peanut butter sandwich less than 1/2 TSP of peanut butter, 2 prunes.

5-18-11 BREAKFAST: 2 PANCAKE sandwiches with less 1/2 TSP of watered down peanut butter on EACH sandwich

LUNCH: 1 corn dog, 1 peanut butter sandwich with less 1/2 TSP watered down peanut butter

DINNER: 1 chicken patty, 1 slice of cheese, 2 biscuits, 2 prunes

5-19-11 BREAKFAST: 2 boiled eggs, 2 biscuits, 10 raisins, 1 3/4 oz. bowl of toasted oats CEREAL, no milk.

LUNCH: 1 Hamburger Patty, 2 biscuits, 1 peanut butter sandwich with less 1 TBS of peanut butter

DINNER: 1 Tuna Salad sandwich with 1 TBS of Tuna Salad, 1 peanut butter sandwich with 1/2 TSP of peanut butter, 2 prunes

5-20-11 BREAKFAST: 2 PANCAKE sandwiches with 1/2 TSP of peanut butter on EACH sandwich

LUNCH: 1 chicken patty, 1 slice of cheese, 1 piece of corn bread, 1 peanut butter sandwich with less than 1/2 TSP of peanut butter.

DINNER: 1 BARbeque Beef sandwich, 1 peanut butter sandwich, no fiber

5-21-11 BREAKFAST: 2 boiled EGGS, 2 corn TACOS, 1  $\frac{3}{4}$  oz. bowl of TOASTED OATS CEREAL,  
1 cup of powdered MILK.

LUNCH: 1 TUNA SALAD SANDWICH, 1 PEANUT BUTTER SANDWICH.

DINNER: 1 PIECE OF FISH SQUARE, 1 SLICE OF CHEESE, 1 PEANUTBUTTER SANDWICH, NO FIBER

5-22-11 BREAKFAST: 1 PEANUTBUTTER SANDWICH WITH LESS THAN  $\frac{1}{2}$  TSP OF PEANUTBUTTER, 2  
FRIED EGGS, 1 SLICE OF CHEESE, 1 BISCUIT

LUNCH: 1 SALAMI SANDWICH, 2 SLICES OF CHEESE, 1 PEANUTBUTTER SANDWICH WITH  
LESS THAN  $\frac{1}{2}$  TSP PEANUTBUTTER

DINNER: 1 TUNA SALAD SANDWICH LESS 1 TSP TUNA SALAD, 1 PEANUTBUTTER SAND-  
WICH LESS  $\frac{1}{2}$  TSP PEANUTBUTTER, 9 RAISINS.

THESE JOHNNIE SACK MEALS ARE TYPICAL OF THE ONES SERVED ON THE REMAINING  
SIX (6) DAYS OF THE INSTITUTIONAL LOCKDOWN. THEY WERE NO BETTER.

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### THE LAST WORDS

WELL, THAT CONCLUDES THIS ISSUE OF THE TEXAS FREEDOM EXAMINER AND REPORT"  
NEWSLETTER. HOPE YOU ENJOYED IT AND FIND IT INTERESTING READING. IF YOU HAVE ANY  
COMMENTS OR QUESTIONS, HOLLER AT ME. I'LL GET BACK WITH YOU IN THE NEXT  
ISSUE. I THANK YOU FOR VISITING "NETWORK 519" AND LOOK FORWARD TO EXCHANGING  
IDEAS, INFORMATION AND DIALOGUE WITH YOU IN FUTURE BLOG POSTS. IF YOU  
GOT ANY SUGGESTIONS FOR DEVELOPING OR STRENGTHENING NETWORK 519, THE TPPA  
CAMPAIGN AND/OR THIS NEWSLETTER, DON'T HESITATE TO LEAVE ME A COMMENT WITH  
YOUR SUGGESTIONS OR QUESTIONS. ADDITIONALLY, CHECK OUT OR COME BACK  
TO VISIT NETWORK 519 ON REGULAR BASIS, AND DON'T JUST READ... HOLLER BACK  
AT ME AND LET ME KNOW YOUR THOUGHTS, CRITIQUES, OR WHATEVER. FOR YOU  
TPPA CAMPAIGN SUPPORTERS, I'LL TRY TO POST A NEW ISSUE OF THIS NEWSLETTER  
ON NETWORK 519 BLOG SITE ONCE OR TWICE A MONTH. SO DON'T FORGET TO COME BACK OR  
STAY CONNECTED. I'M OUTTA HERE LIKE LAST YEAR.

D.B.