The Texas Freedom Examiner and Report

The official news letter of the Texas Prisoners Freedom Agenda Campaign.

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Danny Bonds, Editor

Editorial Page

The TPFA campaign has suffered a breakdown in communication (for unknown reasons) with its freeword supporter the Boston ABC in Baltimore, Maryland. The Boston ABC was handling TPFA mail and helping to maintain the TPFA Myspace.com website. The TPFA Campaign is working to remedy this breakdown in communication or to find freeword supporters to replace the Boston ABC and assist in handling TPFA mail, maintaining TPFA Myspace site, and helping with other basic administrative, technical or financial needs of the campaign. If your interested and you wish to participate in support or contribute to the TPFA campaign or find out more about the TPFA campaign, check out our Myspace website at: www.myspace.com/texasprisonersfreedomagenda, and/or write/contact the TPFA campaign or me at the address given below, and/or send me a network 519 blog comment.

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The TPFA campaign’s call to action and request
for support

Greetings to all freedom fighters in Texas and elsewhere;
The Texas Prisoners Freedom Agenda Campaign (TPFA Campaign) issues this call to action and request for your support for this great campaign for freedom.

TPFA campaign promotes a unifying agenda that identifies the problems (most important) to all Texas prisoners, and also asserts “Fundamental Demands.”

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that must be met to correct them. The main goal of the TPFA Campaign is to defend, protect and advance the rights and freedoms of all Texas prisoners, and our family members, friends and other supporters in the free world, who are directly or indirectly impacted by prison abuse and criminal injustice perpetrated in Texas and/or by the prison industrial complex in general and nationwide.

Because prisoners in Texas have no political voice or power and are excluded from the social and economic communities of society, the full support of "all truly concerned" citizens, voters, taxpayers, family members, friends, and other supporters in the free world (both in Texas and elsewhere) is crucial to the success of the TPFA Campaign. Thus, the TPFA Campaign has and will continue to use both off-line and online grassroots methods to build a powerful and effective political and socio-economic network, linking Texas prisoners with our family members, friends and other supporters in the free world community in order to protect and advance the freedom and rights of all Texas prisoners in particular and our free world family members, friends and supporters who share a common interest with us.

Accordingly, we call on all Texas prisoners and all the truly concerned family members, friends and supporters of Texas prisoners in the free world, to join forces and enlist as TPFA Campaign members, organizers and supporters in whatever way you can. We need prisoner and free world organizing and tech support and help with our Joint Administrative Coordinating Committee, our Guarantee Health Care Freedom Committee, our Texas Freedom Examiner and Report Newsletter, our social network site on MySpace.com (www.myspace.com/texasprisonersfreedomagenda), and with other TPFA Campaign administrative, educational, promotional or financial operations, projects, activities and needs.

Be part of the solution: Stand up, stand together and speak out.
Against prison abuse and injustice! O'ye Guardians of Freedom, rise and unite! Take action now! Help build the TPFA Campaign into a mighty organized freedom force/campaign.

Write or contact the TPFA Campaign for more information, to join and/or to show your support at:

Texas Prisoners' Freedom Agenda
C/o Central Texas ABC
P.O. Box 7187
Austin, Texas 78713
Twitchton@hotmail.com

Freeword persons/groups may send me a network 519 blog comment, or write me directly at:

Danny Bonds, #542646
Michael Unit
2664 F.M. 2954
Tenn Colony, Texas 75806

Oppression is worse than death! Stiff resistance!
Freedom and justice for all Texas prisoners!

Danny Bonds
TPFA Campaign Coordinator

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List of TPFA Campaign Documents/Literature

The following TPFA Campaign Documents/Literature can be found on the TPFA Campaign's Myspace website (www.myspace.com/texasprisonersfreedomagenda):

1. TPFA Campaign Organizing Pamphlet

2. TPFA Campaign Online Grievance Petition: "Petition For Adequate TO/J Inmate Grievance Program And Access To Judicial Review."

3. TPFA Campaign Position Papers:
   #1 - Where TPFAStand on Homosexuality
   #2 - Where TPFA Stand on TPFA Campaign-Related Inmate Organizing and Business Activities
4. **TPFA Campaign E-Newsletter "Texas Freedom Examiner and Report"**:

- **Issue #1**: "Criminal on Texas Court of Criminal Appeals?"
- **Issue #2**: "State Auditor's Report on TDCJ Inherently Biased Inmate Grievance Program?"
- **Issue #3**: "Did Judge Sharon Keller Violate High Criminal Court's Execution Day Rule?"
- **Issue #4**: "Open Letter to Mr. John Gilligan, the Attorney Representing Major Nidal Hasan," and "The Irresistible Impulse Insanity Defense?"
- **Issue #5**: "10% Budget Cuts," "Flagrant Abuse of Prisoner Disciplinary Process," and "TPFA Myspace Friends Questionnaire?"
- **Issue #6**: "Post-Conviction Remedies and the Lost Principles of Innocence and Justice?"

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**PS:** Until further notice, all future TPFA Campaign Documents/Literature will be posted and can be found on this "Network 519" blog site. So stay tuned, stay connected and don't forget to leave your comments here. I'll reply to your comments in future issues of this newsletter.

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**Inadequate and Illegal Johnnie Sack Meals**

At Michael Unit

On 5-17-11, Michael Unit in Tawj Colony, Texas, was put on Institutional Lockdown to conduct the first Yearly Major Unit Shake Down (property and cell search). This Institutional Lockdown lasted 13 days—from 5-17-11: 10:00 a.m. to 5-28-11: 6:45 p.m.
During institutional lockdowns such as this, all inmates in the Texas Department of Criminal Justice (TDCJ) remain confined to their cells at their particular unit and are fed in their cell "Johnnie sack meals." These Johnnie sack meals are provided in a small brown paper sack 3 times a day at breakfast, lunch, and dinner.

The TDCJ food service manual ¹ set forth specific policies and rules that govern how Johnnies are to be prepared and the amount of food they must contain, so that inmates are fed an adequate and nutritious meal, even while on lockdown. These food service policies and rules have the "force and effect of law" ² is "binding" on prison officials ³, and thus Johnnies which violate them are inadequate and the prison officials who prepare/serve them are acting illegally (i.e., ultra vires). ⁴ However, prison inmates have been discriminatorily and arbitrarily barred by the Texas Legislature from bringing legal action in Texas courts to correct or stop prison officials illegal conduct which violate binding prison rules. ⁵ This tolerance by the Texas Legislature of illegal conduct by prison officials is wholly outrageous and conflicts with modern American democratic principles and concepts of basic human decency.

It should be pointed out that food and health experts have long ago established that good nutrition or adequate diet is crucial to managing stress, maintaining

¹. This manual is available at TDCJ's website: www.tdcj.state.tx.us.
Stable blood sugar levels, and functioning adequately throughout the day. It is very stressful, agonizing and depressing just to be confined in a small 8x12 ft. cell with another inmate all-day and every-day for long periods of time. But this already volatile or explosive situation is made much worse when a basic human need for adequate food go unmet.

The inadequate and illegal Johnnye causes inmates to suffer pent-up stress, passive anger and misguided fury manifesting itself in the form of hostility, arguments and fights between inmate cell-partners, inmate assaults on staff, suicide attempts, and/or other disruptive or self-destructive behavior. Thus, the fact that an inmate received a Johnnye sack meal wholly inadequate in nutritious value may at first glance seem a trivial matter. However, a closer look at the whole picture shows that inmates' lives and physical freedom have been lost in the past, and are at serious risk because inadequate/illegal Johnnyes being served during lockdown. In fact, on or about 5-24-11, on Michael unit 8 bldg. L-rod 3-section, a white and Mexican inmate who were cell-partners got into a fight in their cell when the white inmate grabbed the Mexican inmate's Johnnye. Although the white inmate is reported to have never struck the Mexican inmate, but was himself struck twice or more by punches from the Mexican inmate, only the white inmate is reported to have received a fighting disciplinary case. The fight was not seen by prison officials, but was reported to them by the white inmate who demanded they move him to another cell after that because of the fight. His disciplinary case was "selective" and in "retaliation" because he reported the fight and insisted on being moved to another cell for his own personal safety.

Now pause and think for a minute. If you have or in the future might have a inmate relative, family member or friend incarcerated at the Michael unit, it could've been or could be him involved in this or a future "situationally influenced" preventable, senseless and potentially deadly fight caused by inadequate/illegal Johnnye sack meals. My question to you is, do you really care? If you do, then leave me a comment letting me know. Don't wait until it's too late.
The Johnny's served at Michael Unit during this 13 day lockdown don't comply with DOC Food Service Policies and Rules and the American Correctional Association guidelines because:

1. The Amount of peanut butter is less than 1 TBS on Pancakes or Sandwich

2. The Lunch and Dinner Sack Meal Meat or Meat Substitute Item is less than 2 1/2 oz.

3. The Amount of Calories/Nutrients in most Johnny Sack Meals is far less than minimum required for adequate nutrition or healthy diet.

Below are Examples of the Inadequate/Illega Johnny Sack Meals

At Michael Unit:

The meals underlined are Inadequate/Illegal

5-10-11 Lunch: 1 burrito, 1 peanut-butter sandwich, with less than 1/2 TSP of watered down peanut butter.
Dinner: 2 whiskers, 1 peanut-butter sandwich less than 1/2 TSP of peanut butter, 2 prunes.

5-18-11 Breakfast: 2 pancakes/sandwiches with less 1/2 TSP of watered down peanut butter on each sandwich
Lunch: 1 corn dog, 1 peanut-butter sandwich with less 1/2 TSP watered down peanut butter
Dinner: 1 chicken patty, 1 slice of cheese, 2 biscuits, 2 prunes

5-19-11 Breakfast: 2 boiled eggs, 2 biscuits, 10 raisins, 1 3/4 oz. bowl of toasted oat cereal, 20 milk.
Lunch: 1 hamburger patty, 2 biscuits, 1 peanut-butter sandwich with less 1 TBS of peanut butter
Dinner: 1 tuna salad sandwich with 1 TBS of tuna salad, 1 peanut-butter sandwich with 1/2 TSP of peanut butter, 2 prunes

5-20-11 Breakfast: 2 pancake sandwiches with 1/2 TSP of peanut butter on each sandwich
Lunch: 1 chicken patty, 1 slice of cheese, 1 piece of corn bread, 1 peanut-butter sandwich with less than 1/2 TSP of peanut butter
Dinner: 1 barbecue beef sandwich, 1 peanut-butter sandwich, no fiber
5-21-11 Breakfast: 2 boiled eggs, 2 corn tortillas, 1 3/4 oz bowl of toasted oats cereal, 1 cup of powdered milk.
Lunch: 1 tuna salad sandwich, 1 peanut butter sandwich
Dinner: 1 piece of fish, 1 square, 1 slice of cheese, 1 peanut butter sandwich, no fiber

5-22-11 Breakfast: 1 peanut butter sandwich with less than 1/2 tsp of peanut butter, 2 fried eggs, 1 slice of cheese, 1 bushel
Lunch: 1 salami sandwich, 2 slices of cheese, 1 peanut butter sandwich with less than 1/2 tsp peanut butter
Dinner: 1 tuna salad sandwich less 1 tsp tuna salad, 1 peanut butter sandwich less 1/2 tsp peanut butter, 9 raisins.

These Johnny Crock meals are typical of the ones served on the remaining six (6) days of the institutional lockdown. They were no better.

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The Last Words

Well, that concludes this issue of the Texas Freedom Examiner and Report newsletter. Hope you enjoyed it and find it interesting reading. If you have any comments or questions, holla at me. I'll get back with you in the next issue. I thank you for visiting network 519 and look forward to exchanging ideas, information and dialogue with you in future blogs posts. If you got any suggestions for developing or strengthening network 519, the TPFA campaign and/or this newsletter, don't hesitate to leave me a comment with your suggestions or questions. Additionally, check-out or come back to visit network 519 on a regular basis, and don't just read... holla back at me and let me know your thoughts, critiques, or whatever. For you TPFA campaign supporters, I'll try to post a new issue of this newsletter on network 519 blog site once or twice a month. So don't forget to come back or stay connected. I'm outta here like last year.

D.B.