

4-29-11 D. Preston

IF I let my self go  
who would catch me?

IF I let my self go.  
who would let me?

IF I let my self go  
who would fetch me?

IF I let my self go  
who would push me?

IF I let my self go.  
How many miligrams prescribed?

IF I let my self go  
would it be dead or die

IF I let my self go  
You shouldn't cry.

IF I let my self go  
You never cared for I.

IF I let my self go  
There'd be no funerals

IF I let my self go  
There'd be road blocks

IF I let my self go  
to HEAVEN

IF

I

LET

MY

SELF

GO

Dear Adult Males;

6-3-11

How's it going? Please be blessed in the Lord. You're worth of  
Smoke.

Hey remember you were born a "man" because somebody(s) in  
need of your leadership qualities - somewhere? Be encouraged.  
Don't live up to less than your potential; After all your  
potential is greater than you are. Ask me how I know?

well I'm sitting here - trying to figure "it" all out.  
Aren't we all?

Thinking bout several days ago ...

I was chilling with my "air conditioned" socks! Thoughts  
arose. "I'm so something, in prison, with holey clothes on! This  
in ~~know~~ no way reflects who I AM; who I can be! Don't  
I design clothes?"

I wondered how this subtly affected my manhood & it's  
worth (which nobody ~~has~~ agreed to measure)! In the midst of  
complaintful thoughts it hit me ...

Got the \$1.25 for another pair of socks - yet I can't afford them  
& maybe that in essence adds to my manliness rather than take  
away from it??

See, gentle, beyond being an "inmate" at my core I am a  
father. (Yes my daughter is the most beautiful girl in this world).  
Amen. Being a father comes with it's own set of rule & regulations!  
Codes of conduct & what nots. Not to mention unwritten  
rules... Like not taking penitentiary chances while your child  
is still in the womb. (Sorry Prisha) like not missing the birth  
of your 1<sup>st</sup>, even one & only child (Sorry Prisha) like not being  
a "dead beat" (Sorry Prisha).

Now a dollar & 25 cents may be small in your economy but  
in prison it's the equivalent of 5 plus hours of work (21¢/hr)  
So spending it is as precious as life itself. Cool help.  
Put to rest the "selfish boy" in me, please cool don't  
let "him" kill the "King" that ~~was in~~ he lies in the depths



of my soul Amen.

So the message became ---

As a MAN ---

As a FATHER ---

If I don't put my daughter 1<sup>st</sup> I'll fail this "Love walk" (1<sup>st</sup> Corinthians 13) thing before it ever gets started.

As a MAN -

As A FATHER -

I must learn.

Learn to Budget.

Budget my appetite. (Kids gotta eat)

Hello soup & crackers.


Budget my \$.

Priska needs & wants things.

Hello quincineta.

Budget my time.

Priska deserves some letters & a card.

Hello - daughter. How are things? Love you 

Budget my career.

~~Priska~~ Priska doesn't need a STAY AT WORK DAD. (Yes I just comed that.)?!?

Hello wife & kids

Budget my choices.

~~Priska~~ not doing it got me to prison in the 1<sup>st</sup> place.

Hello anger management. Restorative Justice?

Budget my words.

Kids learn from them.

Hello Jesus; set a guard over my mouth. May I speak Love & Kindness & affirmations. Amen.



In the end I must hold God (who can't lie) to His word as Paul in 1st Corinthians 28:13 (read it ☺) Also 1st Corinthians 11 verse 3 (read it ☺) [Both books are in the Bible]. The end result is that I AM the HEAD of the House & that comes with its share of duties & responsibilities, which I have ~~not~~ ~~not~~ Divine strength to execute & fulfill with honor. Amen.

Be in remembrance that the HEAD is the sum (of his house). Ultimately when ~~you~~ your wife & or children are conducting their daily affairs they are indirectly & sub-consciously reflecting you & what you stand for.

[Do some thinking --]

On the flip side how you conduct yourself in your affairs says something about those you lead (ie those who follow you)

The saying goes --

AS THE HEAD -- SO THE BODY.

"God as we have the inherent power to lead - help us. Help us to lead not in a 48 laws of Power kind of way; Not in a "I'm the man" testosterone kind of way, or with ~~violence~~ ~~with~~ violence. But in true power, help us to lead. as we put you 1st, lead us well. Let us lead w/ kindness → compassion → sincerity → truth → LOVE → patience → forgiveness → dignity → integrity → respect → & a really manly maturity → not to mention

→ → → → & →

Help us to make righteous choices as we direct the direction of our respective houses. In Jesus Name we pray. Amen."