

HELL  
FROM  
MATTHEW JANKOWICZ  
MULE CREEK STATE PRISON

THIS IS THE 1ST TIME I'VE EVER BEEN ARRESTED IN MY LIFE, I GOT ARRESTED AT THE AGE OF ALMOST 45, THE ONLY CRIME I EVER COMMITTED BEFORE WAS GETTING A SPEEDING TICKET, I WAS ALWAYS A LAW ABIDING CITIZEN, I ALWAYS RESPECTED OUR LAWS & OUR POLICE OFFICERS, BUT NOW I'M SERVING A 32 YEAR TO LIFE SENTENCE, MY 1ST PAROLE DATE WON'T BE UNTIL 2032 - I'LL BE 73 YEARS OLD.

AFTER SPENDING 1½ YEARS IN SAN DIEGO COUNTY JAIL, I WAS ~~SENT~~ TO MY FIRST PRISON (DONOVAN STATE PRISON). WHEN I 1ST GOT THERE, THEY PUT ME INTO A PHONE SIZED BOOTH MADE OF WIRE MESH; THEY THEN MADE ME STRIPPED NAKED & EXAMINED ALL PARTS OF MY BODY (I GUESS FOR WEAPONS & OTHER THINGS), THEY THEN ESCARDED ME OUT OF THE CAGED BOOTH IN ONLY MY UNDERWEAR & T-SHIRT & HANDED ME TO MY 1ST PRISON CELL.

MY 1ST PRISON CELL WAS JUST CONVERTED TO A HANDICAP CELL, SO WHEN THEY PUT ME IN IT - THE FLOOR WAS COVERED IN DUST ABOVE 1" OF DUST & METAL SHAVINGS & THICK DUST COVER EVERYTHING ELSE (TOILET, SINK, BED - ALL THESE ARE MADE OF METAL), WHEN I FIRST ENTER THE CELL I DON'T KNOW IF IT HAS METAL SHAVINGS ON THE FLOOR - SO WHEN I STARTED TO CLEAN UP THE CELL WITH MY WET T-SHIRT - I CUT MY FEET & HANDS, THE CO. S WOULDN'T GIVE ME ANYTHING TO CLEAN UP THE CELL & THEY DON'T CARE ABOUT MY BLOODY FEET & HANDS, IT TOOK ME 2 DAYS TO CLEAN UP THE CELL, I HAD TO RINSE MY T-SHIRT IN THE TOILET HUNDREDS OF TIMES, THEY DON'T GIVE ME ANY SOAP & IN THE 1ST 12 HOURS I WAS IN THE CELL THEY DON'T GIVE ME ANY TOILET PAPER OR MATTRESS UNTIL I CONTINUALLY ASKED FOR THEM, THE 5 DAYS THEY WOULDN'T GIVE ME A CUP OR SODA WHERE TO EAT MY MEALS - SO I ATE ALL MY FOOD WITH MY HANDS, THEY SERVED ALL MY FOOD THRU A SLOT IN THE DOOR, I SPENT 2 WEEKS IN THIS CELL, THIS CELL IS THE BUILDING I WAS IN THE "HOLE" OR "ADSEG" (ADMINISTRATIVE SEGREGATION), THAT'S ALL

\* Now, PLEASE FEEL FREE TO MAKE COMMENTS OR WRITE ME,