

HELLO  
FROM  
MATTHEW JANKOWICZ  
MULE CREEK STATE PRISON

I'VE BEEN AT THIS PRISON FOR ALMOST 5 YEARS. I WAS ARRESTED ALMOST 7 YEARS AGO & SPENT AROUND 1 1/2 YEARS IN COUNTY JAIL IN SAN DIEGO, THEN AROUND 6 MONTHS AT DONOVAN PRISON IN SAN DIEGO COUNTY. BOTH THE JAIL & PRISON WERE WITHIN 1 MILE FROM THE MEXICAN/AMERICAN BORDER. I COULD ACTUALLY SEE THE BORDER CROSSING AT OTAY MESA FROM THE PRISON. IN PRISON I ONLY LEFT ONCE FROM DONOVAN TO COME UP TO MULE CREEK. IT TOOK ME 2 DAYS TO GET HERE ON A BUS. I WAS ON THE BUS 14 TO 15 HOURS EACH DAY. I WAS HANDCUFFED THE WHOLE TIME - EVEN WHEN I ATE & USE THE RESTROOM (MATH WAS FOR ONLY #1 NOT #2). I SPENT THE 1ST NIGHT IN ANOTHER PRISON IN A SOLITARY CELL WITH BURIED OUT ~~WINDOWS~~ WINDOWS THAT ALLOWED RAIN & WIND IN. I HAD TO GET UP BETWEEN 2 & 3 AM IN THE MORNINGS EACH DAY. ON THE BUSES WE WORE ONLY A PAPER SUIT OVER OUR UNDERWEAR. I STOPPED AT 6 DIFFERENT PRISONS ON THE WAY TO MULE CREEK TO DROP OFF & PICK UP OTHER INMATES. I ALWAYS HAD TO STAY ON THE BUS.

SINCE I'VE BEEN AT MULE CREEK I'VE BEEN OFF THE PRISON GROUNDS ONLY ONCE FOR A LOVER BIOPSY AT A LOCAL HOSPITAL. SOME GUYS HERE HAVE BEEN HERE OVER 20 YEARS & HAVE NEVER LEFT THE PRISON. WE ARE LOCKED UP MOST OF THE TIME IN OUR CELLS. RECENTLY NOW WE GET YARD FROM 8AM-3:30 & AT NOON FROM 6:30-7:45PM MON-FRI. & ON WEEKENDS FROM 8AM-1:30PM, BUT EVERY 3RD DAY MON-FRI. WE ARE LOCKED DOWN IN OUR CELLS (NO YARD, NO DAYROOM). SOME PRISONS MAY ONLY GET YARD A FEW HOURS A WEEK - IT DEPENDS UPON WHICH PRISON YOU'RE AT. CALIFORNIA HAS 32 PRISONS WITH 4-6,000 INMATES PER PRISON. RECENTLY CA. HAD OVER 172,000 INMATES, WITH A LOT OF THE PRISONS HOLDING DOUBLE THEIR INTENDED CAPACITY. OUR PRISONS ARE WAY OVERCROWDED. I WAS IN THE NAVY 12 YRS - IT'S ALMOST AS BAD AS A SHIP. WELL THAT'S ALL FOR NOW. FEEL FREE TO MAKE COMMENTS OR WRITE ME.