

GOD

BLESS

THE

GOD

IN

YOU

Dear Mr & Mrs TO;

6-22-11

Good morning!! Smile. It's gone be alright on this ash grey wednesday, which is the 2nd day of spring-caps I meant - Summer! Don't worry about the rain; just means Summer will last till Oct/Nov. Be cool!

How I'm doing is of lil importance... I'm more concerned about your current state of affairs. Not a collective bargaining expert nor do I have any intimate knowledge of all it's internal workings. Even so it doesn't take a technological genius to know - that you're hurting (as individuals -- as a couple). Sorry.

Sorry that you are losing hundreds of dollars each month - for your health care & pension. I feel you in spite of my not struggling with bills, & my (only) having to pay \$7.50 co-pay for my health. (Consider I make 19 an hour)! Please don't be mad at me for having a "roof" over my head & 3 well balanced meals a day! Trust me I'd rather not be here! Prison isn't where it's at... Enough said.

My only purpose here is to offer you all some ad-vice to add-to-you. So to speak. Amen.

Obviously budgeting becomes even more important (Yes)! So does prioritizing! Gotta find a way to spend wisely & eat wisely (who thinks of that)? And I know "kids gotta eat" so that's when we as parents have to be sacrificial. Moms always told me, "I done lived my life. It's about the next generation." So some times a parent learns to eat 1 meal a day! (Hello sardines & crackers)! Sometimes a parent has to go with-out.

Some times a parent forsakes the light bill, - replacing it with candles, just to get by -- & do for the children. Amen. Some times a parent has to brush his/her teeth with soap or baking soda. And ~~when~~ when deodorant cost too much you can use soap; (& I should start a web site → Inmate wisdom.com)! Here's how to do it → just wet the bar of soap & rub on like you do deodorant... then let dry! Only down side is → when you sweat or it's real hot the soap will lather up. Takes some while to get used to! ~~Ask~~ Ask me how I know!! Might not like the feeling but

at least you won't stink ☺

Hey for laundry you can wash your clothes in the bath tub, sink or like us smates do you can wash your clothes ~~at~~ you got on (yes I saved that) in the shower. ☺
Don't worry you won't get a conduct report. ☺ Ha
Then ~~the~~ you can hang them on the clothes line! Rainy?
Hang them on a hanger & let them air dry.

Far as groceries → "Hello, operator can you give me the number to ALDI'S (All-Dees)?" Cheapest grocery ~~store~~ store I knew of!! General like \$2.50 a box!! Sure a \$180-200 ~~lot~~ of groceries will last you a month ☺ See you even act wisely. Amen. If there's no ~~Address~~ Aldi's near by I'd ~~contact~~ contact somebody or look into opening one myself. "Ma didn't raise no fool!"

Far as clothes shopping → "Hello Goodwill! - Thrift store - St Vincent's - Value village!" Feel me?

Don't worry as I advise you I'm giving myself super encouragement. Amen. Cause one day I'll be released. And even now I got 2 pairs of socks w/holes in them & not 2 not so good underwear, but the show must go on. Speaking of the show... & it going on---

I'm deeply concerned about yalls togetherness! Yup. Why? I know that the economy takes it toll on our love lives. Then Jesus said in the last days - Love would grow cold ☺. ~~thing~~ ~~thing~~ So now there's arguments over \$, whose the man & who isn't? Also love grows cold as ~~at~~ yall both work 2-3 jobs & can't spend quality time together like when you were high school sweet hearts. Feel me? Love is virtually non-existent replaced by the fear that comes with deficient funds & resources. Been there, how I got to prison ☺ Being broke makes you angry - doesn't it! So what we gone do?

Let's "dig deep" no not in our pocket books, but in our natural God given - spiritual resources. Jesus said "Love never fails."
And God just told me - "w/out LOVE, togetherness is

nothing? nor is a relationship? LOVE "relates" hate
doesn't. feel me? So answer the question - How am
I relating to my spouse? ... to my children? Then
ask - How are WE, as a family, relating to LOVE?
The husband should ask these especially. Amen. head
young man HEAD. Praise God

Rekindle the LOVE with each other. Amen. (I'm praying
for you). For the LOVE of GOD - Have fun & LOVE on each
other. Spend quality time with each other. Amen. Determine
that a divorce (which you can't afford anyway) is not
an option. Amen

Mama always said "LOVE makes everything taste better."
And this just in from the Heavenly Father → LOVES MAKES
EVERYBODY FEEL BETTER "Smile (think about no one
ever truly hated love). Part of LOVE is feeling & being truly
accepted. Amen. No wonder God reminded us that we
are in fact → ACCEPTED IN THE BELOVED. Amen.
(Read your Bible... I've read it for you, but nothing like reading it yourself)

Look in these dull economic times LOVE will hold us together.
Smile. The proof can be found in 3rd world countries. It's like the
poorest have the most family values/morals. It's like the poorest
has the most LOVE! They may not have \$5 milk but they have
each other. Amen.

Isn't having each other more important than \$\$\$? Let's
ask those right here in the USA! Ask the victims
of the tornadoes - would they rather have their house or their
missing LOVED ones? Exactly.

So the ending encouragement is this - Right Now :- grab
your spouse & do something LOVING. Do something fun. Do
something to bring LOVE back together!!

~~Be encouraged~~ is on up

I know vacations cost. Sorry. But take a FREE one ☺
Enjoy the presence of your own backyard! Water might be
expensive, still. take your "inner child" & your children out
back & have an all out water fight. Spend a \$10⁰⁰ on
balloons & have fun as a family ☺

So many things you can do for FREE as a family that will
increase & enhance yalls togetherness. Amen. Like... read the
Bible... Have a story night... Having a in house art fest, where
you draw & color pictures together!! -- Go camping → in the backyard.
-- Go to the beach -- etc -- You'll think of something, now that
the motors running ☺

Also it's important - Pop yall to do things as a
couple. Amen. You just the 2 of you. Don't worry this is
FREE ☺ - This just in - you can ask each other questions
(see enclosed) -- You can go for a bike ride -- You
can go for a walk... You can feel each other ☺ -- You
can give each other baths → massages... Can give each
other flowers (freshly picked dandelions) ☺ -- Can just ☺ out
the blue, hug your spouse & say how much you love em --
you can look at the wedding photo album -- You can cook
a meal together -- Pray together -- Be grown up kids together.
etc --

Relax! you're dearly LOVED ☺ You gone be alright.
Believe it or not there's a piece of God in you that will
get you through ~~any~~ ANYTHING. Amen. Don't be afraid
to lose your inhibitions, (cut out alcohol) & have a couple
of "inner child" childish moments ☺ Amen. After all
was being a kid - a simpler time?? Exactly! Hey you &
your spouse can also - Jump over the broom - again! ☺

Now wasn't that fun?? Aww yall smiling
& the song says "Love will hold us together"

sincerely & respectfully
an adherer in your custody
ant

Questions to ask a spouse :
(why? to rekindle the flame...)

- 1) What do you like most about you?
- 2) What do you like most about me?
- 3) What's your favorite memory of us?
- 4) What can I do to enhance our romance?
- 5) ~~Is~~ Is there any area of your life, where you feel I failed to love ^{you} in (lately)?
- 6) Did you know that tomorrow is bring your spouses picture to work day??
- 7) How do you feel about me - right now?
- 8) Is there anything - I can do differently?
- 9) What did you dream about last night?
- 10) How happy are you?
- 11) What means the world to you?
- 12) How has your perception of the world changed since yesterday?
- 13) Can I have a hug?
- 14) What are you thinking right now?
- 15) Do you have any suggestions?
- 16) How cute are you?
- 17) If you could do anything w/out fail what would it be?
- 18) Whose your hero?
- 19) Can I cut your hair?? Don't worry it won't cost \$400 :)
- 20) What was your favorite cartoon - growing up?
- 21) If you could change your name (1st) what would it be?