

KNOTS PRAYER

Please untie the knots that are in my mind, My heart and my life.
Remove the have nots, the can nots and the do nots that I have in my mind.
Erase the will nots, may nots, might nots that may find a home in my heart.
Release me from the could nots, would nots, and should nots that obstruct my life.
And most of all, I ask that you remove from my mind, my heart, and my life all the "am nots" that I have allowed to hold me back, especially the thought that I am not good enough. " Amen"
no steam or gas drives anything until it is confined.
No life ever grows great until it is focused. dedicated, disciplined.
Acquire inner peace and a multitude will find their salvation near you.
Giving your best builds character, giving up destroys it.
Losers quit when they're tired, winners quit when they've won.
Every now and then go away, have a little relaxation for when ,
you come back to your work your judgment will be surer.

When I was a young man, I wanted to change the world.
I found it was difficult to change the world, so I tried to change my nation.
When I found I couldn't change the nation I began to focus on the town.
I couldn't change the town and as an older man I tried to change my family.
Now as an old man I realize the only thing I can change is myself,
I could have made an impact on my family.
My family and I could have made an impact on our town. Their impact could have change the nation and I could indeed have changed the world.

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