

Understanding Another

8-23-11

Understanding another person is essentially an act of self-acceptance. "Trying hard to understand" someone is the wrong approach to the right goal. Understanding comes from calmness and a quiet, steady vision, which are impossible if I believe in a fractured reality. If "my reality" is unique, understanding the whole is precluded, because there is no whole. And yet, if a single divine truth runs deep in everyone, understanding others is simply a matter of looking within my own heart honestly

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Holla at 'cha boy!
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