

# 1 Angry Americans

Thurs.  
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Psychologists are saying that the average American is angry. I first caught wind of this information around 2003 - the latter part - on a ~~TV~~ T.V. show. From that point to the present I often have stopped to reflect on just how this wide-spread anger may be effecting America, and the world at large.

I looked at many of the extremely violent video games we (Adults) are buying for our children to entertain their minds ~~during~~ during their leisure activities. Video games with wild simulations of brains being blown to splatter, of heads being blown or chopped off, etc. . . .

Then I began to reflect on how the kids have become considerably more aggressive on every level (elementary, middle, and high school) of our school systems. This also includes colleges and universities. They're bringing knives, guns, and other dangerous weapons to school in greater numbers than ever before. ~~Rather~~ Whether these things are happening in Big cities or small towns, it's still America. I then looked at our criminal justice <sup>systems</sup>. The direction it's headed as far as crimes and punishment. I'm sure many of you out there have heard of the "3-strikes laws" by now. Every state has its own version of it. California have

a version where if you already have two strikes, and you get caught stealing as little as a bucket of chicken, you can be sentenced to life in prison. What do you make of something like that? Class B felonies have since been jacked up to 60 years prison confinement. Many of you might just be thinking, "Criminals should pay". O.K. I, also, think that any civilized nation need laws to protect and sustain the people and the society.

However, I do not believe excessive punishment is healthy for a people and a society. Why not? Because a spirit, the core of every human being, knows when it has been unfairly treated. And resentment, indeed ANGER, is what you produce when you mistreat people in any form.

I continue on to stare at the fact that statistics show that the United States alone, ~~have~~ the largest prison population **IN THE WORLD!**

I turn my attention to a more recent study. Eighty percent of Americans don't trust the federal government. This is a very large number to make up a number of citizens that distrusts its own leadership. More and more Americans,

out of all things, are joining Al-Qaeda!  
What do you make of that? Recently,  
they said the ~~to~~ number of Americans who  
have traveled over seas to join Al-Qaeda  
is greater than what they originally thought.

~~They're~~ ~~seeing~~ ~~ANGER~~ on all levels of our  
Society, The people in growing numbers  
distrusting the government, Americans joining  
so-called terrorists groups, etc...

On a World-level while America is  
rapidly falling behind in education (26<sup>th</sup> in  
math, 19<sup>th</sup> in science), and lagging behind  
most of the other technological countries in  
technology, We're waging the MOST wars.  
We're attacking religion everywhere we  
find it or its institutions.

We're passing Perverse laws.

It's been proven by doctors that when  
one is angry he can't think clearly.  
This is because ~~anger~~ <sup>anger</sup> clouds your  
normal thought process, resulting in an  
inability to think clearly and rationally.

Psychologists say that anger is a form of  
stress that can take years off your life.

I believe that America, in going farther  
and farther away from religion, is  
making a horrific mistake. One reason

I believe this is because if a nation strips it self from having MORALS, than nothing - I repeat - nothing will stop that nation from becoming a totally corrupt people over time.

Take a look at Egypt today. Egypt was actually a spin-off from the greater Empire of KUSH. Egypt lasted Three-thousand years. Only eventually succumbing to Savage out siders (Greeks, Romans, Persians, Arabs) when it went away from its spiritual base. Today EGYPT is peopled by nearly every one, except its original and indigenous people. It's so much confusion in that land that it aint funny. America should learn lessons from past great civilizations and how arrogance, corruption, Anger, and Spiritual bankruptcy led to their downfall. Going back to America having ~~more~~ more ~~human-beings~~ human-beings locked in prison than anywhere else in the world. 30-40 years ago it was a couple of hundred thousand peoples locked in U.S. prisons. Today, there are two-million people locked in U.S. prisons. In my view this is mainly the results of an angry people gone Angrier. Some will say, "well,

What are you suppose to do with criminals?" The most popular opinion is LOCK THEM AWAY. In fact, when you look at what's been happening around the country with prisons, you'll see that since the 1980's there have been a vast increase (all around the country) in the building of prisons. In addition, these newer prisons are highly isolated. They're being built with severe "controlled" segregation units. Places where men and women are literally locked behind as many as 3 steel doors at any one time. To add to that, these human beings are only allowed to come out of their extremely isolated cells for 1 hr. a day during every twenty-four hr. period. So, twenty-three hours out of each day one is locked in isolation.

Let's deal with some serious topics here. Do we REALLY need prisons? I realise some crimes are much more serious than others. You have crimes that the circumstantial living environment can temp a person to commit. For example, being born and then raised

in a poverty-stricken neighborhood. Then there are other more severe crimes like Rape and child molestation. What do we make of the large, large number of crimes like these being committed? We tend to lock the culprits up, but NOT seek the answers to these serious problems. What would make a man take a woman against her will? What would make anyone want to rape a child?

IS there something wrong with our society as a whole? Punishment is one thing, but taking the responsibility to answer the question to the serious problems of our otherwise great country is another. One example of what I'm trying to express, to all thinking Americans, is this,

Remember Timothy McVeigh? Yes. He was a typical all-American young man. He came from a middle class family, he was a high school graduate, had lots of friends, etc. Then he goes to the military. He serves. He re-

- turns... you all know the rest of the story. Eventually he was subjected to demise by way of Capital punishment. I would never have destroyed a mind like that. I would <sup>have</sup> kept him alive to allow Psychologists (i.e. Social Psychologists) to study his personality to satisfaction. I would <sup>have</sup> had leading psychologists come in from all across the nation to study him. In this manner I truly believe we could serve society a lot better than just locking someone up, or worse yet murdering someone. I think that we need to build more schools, invest more in education, and be willing to study social ills. In this manner

~~we would be able to cure our society from these types of problems re-curring in the future.~~

On the contrary, locking someone up may be a quick-fix, BUT does it address - really - the root of the problem(s) and/or what caused the problem(s)? I believe that much of

the bizarre things we see happening around the U.S. ~~today~~ ~~today~~ ~~today~~ ~~today~~ today is due heavily to Americans being angry. Until we refrain from letting ANGER be our chief motivator in determining the decisions we make to guide our great nation, we will continue to slip farther, and farther down in to the depths OF degradation.

Note:

Let's remove ANGER, and Replace it with LOVE.

<http://betweenthebars.org-/blogs/285/>

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