

My Thoughts on the Sports World

Anyone who knows me will tell you that I have always been a huge sports geek. I basically play and/or follow every sport so here are my thoughts:

- Those of you who know anything about running times should know that our track here at MCI-Norfolk has a hill, tight turns, and always has traffic in the form of people walking in your way. So naturally, times are significantly slower than they would be on a track.

- I am still a Cowboy fan stuck in the land of delusional Patriot fans and it is football time. That said I'll once again be rooting for a Super Bowl where Dallas beats New England. My realistic prediction this year however, is San Diego over Green Bay.

- The Track & Field World Championships weren't on TV today because NBC decided that they needed to keep telling me that it is windy and raining because of Irene. Seriously, I can look out the window and see that. Do we really need 12 hours straight news coverage of "It's windy, rainy, and the waves are big - stay indoors."

Anyways, I missed Usain Bolt getting disqualified from the 100...could not happen to a nicer guy. What a crappy 100. Bolt DQ'd, Powell and Gay hurt, Mullings failed a drug test. I am a huge Tyson Gay fan but I'm tired of him not showing up for the big meets. If he doesn't run in the Olympics next year, I'm off the bandwagon.

- This is shaping up to be a very boring last month of baseball. The races for the playoffs are pretty much over. I don't care if my beloved Red Sox win the division or not, just that they are there so it's pretty much just wait for the playoffs. It's time for another Red Sox - Yankees playoff series.

- It's college football time again so...GO BIG RED!!! That collective sigh of anguish you heard throughout the Midwest on July 1 was an entire nation of Big 10 fans realizing that the University of Nebraska is now officially a member of the conference.

- I still haven't come to grips with the fact that the Bruins actually won the Stanley Cup. I just figured they would be the one team of mine I would never see win it.

- So Justin Gatlin has got to be in the conversation whenever anyone tries to figure out who the stupidest athlete ever is. Gatlin just came back from a suspension for being dirty after winning the 2004 Olympic Gold Medal in the 100 meters. He qualifies for the World Championships and the week before the meet, he gets frostbite on his feet and toes by entering a cryogenic chamber with wet socks on. He shows up in Korea with painfully blistered toes and feet. Now tell me, are feet important when running the 100 meters? UGH!!!

- Men's Health recently published their 10 sexiest women in sports. I was happy to see the track community well represented with Lolo Jones (best abs ever), javelin thrower Leryn Franco, and pole vaulter Allison Stokke. Also, I've always loved Ironman Triathlete Lokelani McMichael (we met in 1995). But where was Kara Goucher? Not a single tennis player (Ana Ivanovic)? Heather Mitts represented soccer, but no Hope Solo? And some very attractive golfer (Blair O'Neal) that no one has ever heard of, but no Natalie Gulbis. No swimmers, either (Natalie Coughlin).

Until next time...