My name is Henry West. I'm 55 years old and single. I use to be married. I have five full grown children, two boys and three girls who I love very much even though I don't hear from them, I am presently incarcerated but hope to be free in the near future as I am an innocent man. My address is Henry West #97-B-2679, Elmira Correctional Facility, P.O. Box 500, Elmira, New York 14902-0500, I use to drink and smoke, but don't do either anymore and will never start again. I love living the old country style life, farm, animals, horseback riding, fishing, camping and country music, It gets kind of lonely in here not hearing from anyone in society. I sure could use some pen pals to write to. Thanks for taking the time to read my blog. Hope to hear from someone soon.

Henry