

9/25/11

My Plate

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Honestly, I've had a lot on my plate to try to deal with. At times it has felt overwhelming or even more than I was able to handle.

But God, being God, renewed my strength. (Is 40:31) I'm not saying everything is perfect or that it's even worked out yet; what I am saying is that I am believing God for the outcomes of each situation and circumstance.

I'm walking by faith - not my own emotions. My emotions, shall we say, get me in a wreck. Or rather the lack of me wanting to deal with my emotions does this. Many will testify if they were ever asked of my reckless abandon to great lengths of not wanting to confront, face, or deal with my emotions. I won't go into great detail but I was

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My Plate Cont

Whenever taught emotions were ok. However, God has allowed me to bloom in this state.

Now, that we got some things going on that affect me emotionally I'm dealing with it. It's not easy. Who wants others to know their hurts or disappointments?

Yet, I let other people in so that I can find release. We often wondered how long a heart could go through pain? I'm learning a heart can bear substantial amounts of pain. A heart will also break continuously through out life.

It's nothing for me to be ashamed of. It surely is not something for me to relapse into old behaviors behind. What it is is a testing & a proving of my

My Plate Cont

(2)

heart.

While at church today Pastor Dorsey preach about how our fiery trials prove us. And I got it. I really got that what I'm dealing with only makes me better for Christ. I (~~know~~^{hope}) may not understand it, but I know that God makes me better because of what I'm going through.

Anyone who has ever spent time with knows I'm strong & some would even say life in general had hardened me. I agree with both of these statements. I also agree with the facts that I am one who will bend and I am capable of great compassion as well as gentleness. I'm uniquely

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My Plate

fashioned and created by & for God. Everything He has equipped me with benefits Him. His purpose for my life that I might fulfill the call on my life.

Therefore, if what I am going through now is preparing me for my future then praise God. His promises to me are Yes, Amen. So, I trust fully that He is faithful to perform His word even if my circumstance seem otherwise.

I guess to deal with what's been placed on my plate I must entrust it to the one who has placed it there.

Have a blessed day!