

① Not In Church

10/16/2011

One of the things we come to believe is that God knows my heart. He knows the heart I'm going through. Jesus knows I'm trusting Him. I don't need people asking why I didn't go to church. If I was not there it was for a good reason, but that doesn't mean I didn't attend church or get fed the word.

May I suggest something, "people mind yourself & if you are concerned about a brother and sister go to them in love not in a condescending tone."

What you may find out is that brother or sister was supping with the Lord.

I'll admit, I'm discouraged. I'm sad. I'm angry. That don't mean I love Jesus less

②

it means I am working something out inside of myself with the help of Christ Jesus. I know that I should've gone into the house of the Lord, but I chose to stay and worship God in my cell. I allowed God to minister to me. I had to fellowship with God. I had to touch him for myself.  
Why?

My will to get up was not in me today. I'd been perfectly content to curl up and die this morning. It's the spirit of depression and @ the start of today it had cloaked itself around me so tightly I could not even breathe. I woke up several times through the night doing the same thing.

### ③ Not in Church (Cont)

A spirit of suicidal heaviness was upon me. That's for real! Now, a lot of people go to church & fake their way through. I could not do so today. I had to get through for myself.

I don't expect anyone to understand. I surely ain't broadcasting to people who'll say, "Oh sister you just need to pray that thing off of you." "Well, if you'd been @ church you would feel they lift off of you." I could not even get out of bed w/ the spirits of depression & suicide upon me. Yet, if they have never experienced something like this then they'd not be able to understand.

I've always done the best I could to numb my pain or

heartache. I'd use drugs, drink alcohol, have sex, cut on my self... anything to dull the ache of heart & soul I did.

I'm trying to do opposite of that. Spiritual warfare is real & it's a battle we should all try to help the other through. You can't pretend to know what the other is thinking or feeling. If you know that person is struggling pray for them. Lay hands on them & pray over them. Give them an encouraging word, but by no means do you fix yourself to beat that person up b/c they missed service. Take time to learn what's ailing your brethren that you might learn how to help her better.

Don't Judge!