

All Thoughts Are Circular 10-14-11

However much I want to stand
apart from my judgements, they
remain an irritant to my mind,
and any irritant, no matter how slight,
is a complete block to inner comfort.

This type of unhappiness is direction-
less, agitated, and above all arrogant.

Since I think whatever I want to
think, let me examine my motives
honestly so that I can choose again.

Second guessing is done because
you have doubt about your original
thought. Not because you are unsure.

People with unsurety lack confidence
in the decisions they make.

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Holla!

