

Halo Yashua

25 Oct '11

I'm very proud that you've checked yourself before you wrecked yourself, son. Believe it or not, I do have some experience in this Recovery thing — and I may be able to add some perspective along the Path of 12-step programs. To wit: THE PATH OUT OF a destructive lifestyle of addiction to illegal activity are the first five steps: #1- Admit that a problem does exist, and that your lifestyle was not decent nor manageable. #2- Be willing to believe that change is possible from your addiction to illegal activity. #3- Decide to let go of destructive self-will in exchange for spiritual principles. #4- Make inventory lists: A) of the Good you've done, B) your Wrongs, C) Resentments. (without this step there can't be any "recovery"), #5- Admit your faults to God, to yourself, and accept forgiveness.

Your CHOICE and DECISION between #6 and #7 steps, require you to identify: Defects\* / Principles\* (see\* below): #6- Identify the defects in your character and commit yourself to #7- Exchange them for spiritual principles. Think of #6 and #7, as "Self-awareness".

Then: THE PATH INTO transformation of character — to a spiritual lifestyle free of addiction, are in the last five steps, to wit: #8- Be willing to make amends for how your negative actions impacted others (another list), #9- Do what's right to correct what was wronged (except where it may cause further harm), #10- Take personal inventory daily (see #6 + #7), #11- Develop and Maintain your personal relationship with God, asking for guidance in being decent and responsible, #12- Continue living in good orderly direction in all your affairs.

→ \* #6- Defects in Character: Irresponsible / Selfish / Dishonest / Insecure / Angry / Aggressive.  
→ \* #7- Spiritual Principles: Responsible / Selfless / Honest / Secure / Calm / Humble.

These are of course comparable to the Fruits of the Spirit, vis-a-vis, the Fruits of the Flesh, found in: Galatians 5<sup>17/23</sup>

Like I wrote your sister, son... this "time-out" was a good idea at this point in your lives. I'm proud of you for taking the initiative to turn a new page in this Goehler saga. I wish you all the best Yashua.

Be Blessed.