

Simply Start Over

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I want to know in advance every detail of my future course. Whether considering a new job, new friendship, new computer program, or simply ordering something new from the menu, I think I am due an exact accounting of the results before I begin. Since this is impossible, I never start. This is especially detrimental when I make a spiritual mistake and get bogged down over what went wrong instead of simply beginning again. To start over I must be willing to take myself as I am, to work with what I have, and to do so in the present. Mistakes only need be corrected. Realizing the mistake is step one. Correcting the mistake is the result.

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How do you handle your mistakes?

