

IF God Holds Me, Why am I
Holding On?

10-27-11

3:00 p.m.

As I grow older, I am able to do increasingly less, yet my mind doesn't seem to age. Yes, brain functions like memory and calculating skills have deteriorated some, but the "I" that I am remains the same. It seems clear that my real safety lies in the recognition that whether I am physically paralyzed, compulsively hyperactive, or somewhere in between, I still remain as God created me. Therefore I can safely say, "Today I hold onto nothing, because God holds on to me."

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How are you being held?

