

Choose the Present or Choose the Past 11-7-11

10:30 a.m.

It's often said that we can forgive but we can't forget. Yet to forgive in a way that restores my mind to wholeness, I must fail to keep recalling and this is decidedly not a hopeless objective. If I'm honest, I must admit that I select from the past exactly what I wish to give power to. The past continues to reopen your wounds. But the present helps heal them.

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