

Which Voice Am I Listening To This Instant?

11-30-11

Everyone hears and follows inner guidance. The question is which voice do we hear? The answer is, the one we want to hear. Do I want to hear the voice of my past conditioning, which is conflicted, often exciting, and always full of false promise? OR do I want to hear the peaceful voice of the present and be whole? My heartfelt answer to this question - and not simply the act of listening - determines what I hear.

3:13 p.m.

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