

P r i s o n

Over the past years I've learned that being in prison is not just physically being locked behind concrete and metal. Prison is bigger than ones physical captivity and often times we fail to realize that.

A gambler is in prison of his gambling addiction. The same is true with an alcoholic, a drug addict, a prostitute, drug dealer, or domestic abuse victim or anyone else trapped in destructive circumstances.

Being in a prison of destructive circumstances can be just as bad as being physically locked away for years. Often times we don't acknowledge we're prisoners of our own self destruction and we sentence ourselves to a life bit of heart-ache, misery, separation from family, friends, and various other relationships, not to mention being consumed with the constant emotional chains that comes with it.

Just because your free, doesn't mean your truly free. We all have "Prisons" to break free from... What are Yours?

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"Strength and growth comes only through continuous effort and struggle"

Nepoteon Hill