

The Answer Is To Let Go Of Pressure,  
Not Add MORE.

12-13-11

8:40 a.m.

My tendency is to make matters worse. Let me at least pause a moment and see what I want to do. When I wage a war within my mind, I put it between myself and God, because I make conflict more important than everything else. When I try to thwart other people, winning becomes more valuable to me than Love. And when I try to dictate the course of events, I am immediately at odds with the situation I'm already in. Yet when I relax into equality and trust in a greater Reality, life becomes simpler and my behavior modifies itself naturally.

Write Me At:

Rechell Williams #V-69138

P.O. Box 5242

CORCORAN, CA 93212

Web Address:

<http://betweenthebars.org/blogs/507/rechell-williams>