

01 JANUARY 2012

Thoughts From THE HEART

BY: JOSEPH SMITH

2:45AM

NOT FEELING TOO GOOD, I THINK MY BLOOD SUGAR LEVELS ARE LOW. WHEN TO THE OFFICER'S DESK - INFORMED THEM - THEY JUST LOOKED AT ME LIKE I WASN'T THERE. ASK THEM TO CALL MEDICAL - TOLD; SOON AS CANT IS CLEARED. WHEN BACK TO MY BUNK WAITED - WOKE UP THE GUY NEXT TO ME TO SEE IF HE HAD ANYTHING SWEET. ATE A LITTLE DEBBIE CUP CAKE FELT BETTER - FINALLY WENT TO SLEEP. THE PRIVATE SECURITY GUARDS NEVER GOT BACK TO ME.

6:45AM!

ARRIVED AT MED BAY TO GET MY INSULIN ALL NEW PRIVATE PRISON NURSES ARE HERE FROM MTC PRIVATE PRISON CORP. ALL HAVE ATTITUDES TOO EARLY IN THE MORNING FOR THIS SHIT.



Asked them why medical <sup>THE</sup> people on third shift would not see me, ~~ANSWER~~ ANSWER GIVEN - I DIDN'T WORK LAST NIGHT - WRITE IT UP - THAT'S WHAT YOU PEOPLE DO ANYWAY. EVIL PEOPLE HAVE COME TO THIS PRISON - AND ARE ABOUT TO DO EVIL THINGS TO THE HELPLESS MEN WHO ARE KEPT HERE. EVIL ONLY PREVAIL WHEN GOOD PEOPLE DO NOTHING - AND THERE WILL NOT BE ENOUGH GOOD PEOPLE HERE PRAY FOR US - I'M HOPING NOT TO BE HERE TOO MUCH LONGER - WILL UPDATE YOU AS THINGS HAPPENS.

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