



PAUL BEHIND THE WALL...

YES! # J-09700, THERE IS A CHRISTMAS IN PRISON

12/22/11, Hello and let me start off with a big 'Best wishes for your holiday this year and for the New Year'. A lot of people may wonder how anyone could have a Christmas in prison? Well the truth is that for a lot of people this is a sad time for them because this is a season for family get togethers, and time spent with your children, and with wives, and girlfriends, and eating holiday foods. It is a time for reconnect with loved ones or to catch up with good friends, its a time of giving soley to see look of joy your thoughtful action can put on another's face..... It is these thoughts that go through the many minds locked up behind these walls and people in here cope in many different ways. Some stay to themselves, others don't come out of their cells, while still others cry themselves to sleep when they think no one is listening. The tough guys try to act even tougher because they don't want to admit that they too are affected, some others get excited because for them it is a time of year that they can expect a visit so they are running around making sure that their visiting clothes are pressed and the boots are shined, and then there are the ones that just get sour and walk around all jaded.... As for me? I look at things a little different, I choose not to waste energy on feeling bad, I know that no matter how hard I wish I won't magically appear at home, Instead I take accountability for my being here and accept responsibility for the behavior that put me here.... That is not to say that I lack compassion for those that do suffer at this time of year, because I do feel bad for their families and their children and the people that love them despite the bad choices they have made and it is for them that I stay positive, that I keep smiling , that i give a kind word here or there or just listen when they need some one to hear them out. For me it is another way of giving back and making amends for my own bad choices. I know in my heart I will one day be free and I so want to walk my prayers and live as the true man that I am, I want to be in practice of living decent and honorable and for me it is not a wish of words, for me it is a way of life and it begins now... I cope with the holidays by being grateful and thankful that my loved ones are safe and happy and not following in my foot steps. I am grateful for the blessings in my life, especially you 'Corazon',



Yes! # J-09700 con't
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thankful, thankful, thankful, and that I wake up every morning with breath of life. I think of my family together and happy, I think of my heart happy and smiling with her family, as I hope that when she closes her eyes and pictures me, she sees me with my eyes closed smiling thinking of her.....It is so easy to allow living in here to get you down or break your spirit, I refuse to surrender to the negativity, I refuse to be conquered by my existence behind these oppressive walls and conditions, I instead choose to be a light and to burn bright and never allow the flame of hope and giving and compassion and care to ever go out, it may get low time to time but it is the beautiful people in my life (family & you 'Heart') that keep it burning bright...

I'm Paul Behind the Wall wishing you all a Merry Christmas and safe New Year.