

Matty P -

I was really excited to get your message. Meant to get back to you sooner. Anyways this direct reply is a new feature and if I am understanding it correctly, you will get notification that I replied which is cool.

Yeah, I am still running. Not very fast but hey nobody fast has ever run here so I seem good. Can't catch a break on the marathon days though. Two years in a row we ran with wind gusts up to 40 MPH. In 2010 I tried to stay on sub 3 pace and blew up. Walked a bunch to a second place 3:40. This year I backed off but got hurt. My hip locked up so most of the last 5 miles were walk and run - first place 3:41. Oh well, ran some decent races otherwise.

I've been having Justin keep me up to date on you as much as possible. He sent me the New England Runner cover and story. That was cool. Glad to hear you are back at it. Where are you planning to run the spring marathon?

Congratulations on the new home. I hope I'll hear from you again soon. Update me on the rest of your life...it has been 6 years. Family, relationship, work, etc... All my best.

- Bobby