

*"The recipe for the destruction of our people"*  
*By: Nasir Wali Muhsin....*

*Question ???...What has Amerikkka done to ensure that our "African" people in Amerikkka and our "culture" are doomed????*

*Answer !!!... They first destroyed our most essential components. {I.e. Our unity and individuality}*

*.....Ingredient(s).....*

*1-Cup of: "Crushed psyche so that brothaz will sadly think that {Manhood} is found in the bedroom, and sistaz will assess their {Self worth} by how many times they give birth"....*

*1-Teaspoon of: "inferiority so as to make our beautiful brothaz and sistaz feel like {creatures}, then they stood to the side to watch us go to great lengths to destroy our "God given African features"....*

*They stirred #s 1 and 2 thoroughly to: "Rob our brothaz and sistaz of their wealth", then for flavor added a dash of: "lack of knowledge of self"....*

*1-Pound of: "Lies to increase our consternation so that brothaz and sistaz will never realize who started civilization"....*

*1-Gram of: "Deceit so that they could put their "shackles" on our {minds} instead of our {feet}....*

*40-Ounces of: "Any kind of alcohol and 2-5 grams of any type of street drug so that our beloved brothaz and sistaz are too {inebriated} to "mentally fight back"....*

1-Full ounce of: "Individualism simmered over the flame(s) of {Self-hate} while they sit back and watch {black on black} crimes escalate"....

½ Pound of: "Pure ignorance so that when it's time to eat, Our beautiful and soulful brothaz and sistaz will sadly continue to {Poison themselves} with "porkchops, hamhocks, and pigsfeet" ☹☹....

They measured up 2 heaping tablespoons of: "Capitalism so that when everyone was ready to revolt {Cause we couldn't take it on moe} they let "one" through so we'd calm down thinking "maybe I could make it too"....

They slowly added the: "Integration sauce with a pinch of how too's, then they sat back and watched brothaz and sistaz adopt someone else's values"....{Theirs} ☹

Then they poured all into the saucepan of Amerikkkaism so that:

"Even when our race is portrayed as {Miscreants, pimps, hustlers, thugs, goons, players, whores, and bitches} our beloved brothaz and sistaz will still and continue to fight "aimlessly" in Amerikkkas "Vietnam, street, and Persian Gulf wars"....

Lastly, they mixed all of the above ingredients thoroughly and put them into their oven of "oppression" for 400 years and then gathered at their dinner table set with a delicious helping of {our} "cultural genocide"....

### "Question"

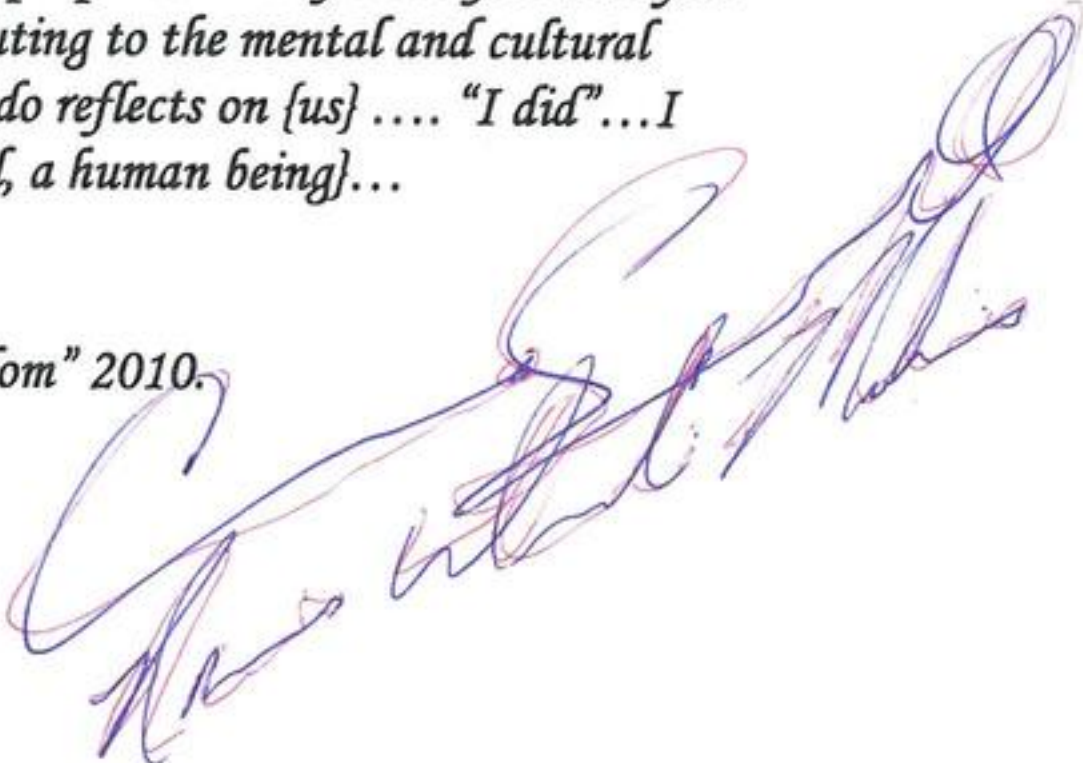
Are you being served up tonight Playa, pimpbuddy, pimp, mack, thug, goon, heavy hitter, dope boy, boss, bitch, hoe?? Which helping on their plates are you "My N#@\$@\$@"?????



## "Solution"

*Look at the brotha or sista in the mirror and {dare} him or her to change his or her ways, especially if there damaging to us as a whole .... This in turn will wake you up to the fact that people will only treat you how you act or think about yourself. Stop contributing to the mental and cultural genocide of our people because what you do reflects on {us} .... "I did"... I am, "Nasir Wali Muhsin", {an individual, a human being}...*

*"Words of wisdom" 2010.*



\*\*\* POST NOTE!... I'M QUITE SURE THAT MANY OF YOU WILL READ THIS AND THINK THAT EITHER I'M "RACIST",... AN ANGRY BLACK MAN,... OR THAT I'VE LOST MY MIND"!! BUT THE TRUTH IS THAT I'M A HINT OF THEM (ALL) AT ONE POINT OR ANOTHER... AFTER ALL WHO ISN'T!?!? I'M ACTUALLY OF THE OPINION THAT IT IS VIRTUALLY IMPOSSIBLE NOT TO BE A BIT RACIST,.. A BIT ANGRY OR OUT OF YOUR MINDS!! THIS IS A "NATURAL PHENOMENON" THAT RESIDES IN US (ALL)... SOME MAY CHOOSE TO HIDE IT,... DENY IT OR FAKE IT BUT IN REALITY THE GOLDEN RULE IS TO UNDERSTAND IT TO THE POINT THAT ITS (NOT) AN OUTRIGHT AND UNNECESSARY RAGE OF HATE BECAUSE FOR ME ITS ABOUT TRUTH NOT FAKING,.. WIDDING,.. OR LYING TO (MYSELF)... ACTUALLY ONCE I REALIZED THAT THESE ESSENCES OR ELEMENTS RESIDES IN US ALL IT BECAME A LOT EASIER FOR ME TO BECOME; MENTEALLY,.. EMOTIONALLY,.. SPIRITUALLY,.. AND INTELLECTUALLY FREE.... WITH THIS TRUTH AT HAND I'VE REALIZED HOW EASY,.. REFRESHING AND PROFOUND IT WAS FOR ME TO BECOME BOTH AN "EGALITARIAN AND HUMAN-ITARIAN" NOT TO MENTION THAT DUE TO SUCH TRUTH I'M A SELF PRO-CLAIMED "MULTI-CULTURAL AND SOCIAL BUTTERFLY" NOT BECAUSE I (AM) ACTUALLY "MULTI-CULTURAL" VIA (D.N.A) BUT BECAUSE I LOVE



(ALL) "RACES,. NATIONS,. AND GENERATION"!.... (THAT DON'T STOP  
THE TRUTH FROM BEING TRUE THOUGH!!).....

SO FOR THOSE OF YOU WHO MAY OF GOTTEN UPSET,. UPTIGHT OR  
SKEPTICAL.... I SAY "RELAX AND BE HUMAN".....

I AM: CESO SPREWELL

NASIR WALI MUHSIN

HEY!... DON'T FORGET TO BOTH BLOG AND SEND YOUR QUESTIONS,.  
CONCERNS,. COMMENTS OR EVEN "HATE MAIL" TO ME AT:

CESO SPREWELL-NASIR WALI MUHSIN # 259325  
POST OFFICE BOX 9900 / W.S.G.P  
BOSCOBEL, WISCONSIN 53805

OH,... AND PLEASE TELL YOUR FAMILY,. FRIENDS,. CO-WORKERS,.  
CLASS-MATES,. CHURCH,... UMMAH AND NEIGHBORS ABOUT MY BLOG....

I DARE YOU!!!.....