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Thoughts From THE HEART

BY: Joseph Smith

2011 - JANUARY 21

0230 HRS

UP-ALL-NIGHT:

SLEEP DOES NOT COME EASY TONIGHT. SO AS I LIE HERE TRYING TO DEEMPHASIZE THE EVENTS OF THE DAY. I STRUGGLE WITH THESE THOUGHTS. I STRUGGLE IN THE CONTINUING BELIEF THAT HUMAN BEINGS WE OURSELVES ARE MORE INCLINED TO CARE ABOUT INTEGRITY THAN WE DO FOR "MONEY" OR "VENGEANCE OR THE EXPLOITATION OF THE HUMAN RACE"; I STRUGGLE WITH THE NOTION THAT, IN THE END, THE GOOD IN ALL OF US WILL, EVENTUALLY, OUTWEIGHT EVERYTHING ELSE. CHILDHOOD CALLS ME TO REMEMBER WHAT GOOD WAS BEFORE I HAD SEEN EVIL OR VIOLENCE OR CUNNING OR DOMINATION IN FULL BLOOM. BEFORE I MYSELF LEARNED TO SCHEME OR HURT. I HAVE COME TO THE STAGE OF AWARENESS.



I WAS NOT INNOCENT-MEANING UNWARE OR UNTOUCHED BY THE VIOLENCE AROUND ME AS A CHILD. I WAS ONLY POWERLESS TO STOP IT. I AM NOT UNWARE OF THE VIOLENCE AROUND ME NOW, SINCE THE TAKE OVER OF THIS PRISON BY MTC A PRIVATE PRISON OPERATOR, THE DAILY ASSAULTS AND FIGHTS AS WELL AS THE STEALING AND BREAKING IN ONE'S FELLOW INMATE LOCKER BOXES; I'M JUST POWERLESS TO STOP IT. I AM NOT UNWARE OF THIS MORNING ACT OF OR LACK OF DUTY OF CARE BY THE MEDICAL DEPARTMENT-WHEREAS A FELLOW PRISONER AT 9:30AM-HAS AN—"EPILEPTIC SEIZURE" AND LAID IN THE SNOW-AND ICE FOR MORE THAN 15 MINUTES WAITING FOR MEDICAL TO RESPOND- BUT TO NO AVAIL-AND HAD TO BE TAKEN TO MED-BAY BY A PRISON GUARD ON A GOLF CART, JUST POWERLESS TO CHANGE IT. NOR WAS I UNWARE OF A FELLOW PRISONER WHO AT 12:15PM WENT DOWN IN THE FOOD SERVICE DEPARTMENT AND WAS CARRIED OUT TO <sup>THE</sup> MEDICAL BY TWO PRISONER WITH MYSELF IN TOW- ONLY STILL POWERLESS TO CHANGE IT. I AM NOT UNWARE OR UNTOUCHED OF MY OWN PERSONAL BATTLE'S FOR EYE DROPS FOR THE DISEASE I SUFFER



From "GLAUCOMA", ONLY STILL POWERLESS TO CHANGE IT!!! SO TONIGHT, I WRESTLE WITH THESE EVENTS OF THE DAY, AND WEEKS SINCE THIS PRIVATE PRISON COMPANY-"MTC" HAS TAKEN OVER NORTH CENTRAL CORRECTIONAL INSTITUTION. I WRESTLE WITH THE CONSTANT INDIGNITIES OF AN NON PROFESSIONAL STAFF, IGNORANT AND ANTISEMITIC REMARKS BECAUSE I'M A BLACK-JEW. I WRESTLE WITH THE LACK OF MEDICAL PROFESSIONALS WHO VIOLATE THEIR OATH EVERY DAY UNDER MTC; I WRESTLE WITH THESE PROFITEER'S INTEGRITY. I WRESTLE WITH THE RECENT POLICY BEFORE THEY EVEN TOOK OVER DATED 2011-12-10 WHICH STATED: "MTC WILL NOT PROVIDE LAUNDRY SOAP TO WASH INMATE CLOTHES ANYMORE???" I FOR ONE DO-NOT UNDERSTAND WHY—THIS PRISON HAS A RECORD OF SERIOUS OUTBREAKS OF "MRSA" AND "SCABIES" INFESTATION AS LEAST FOUR TIMES A YEAR!!! I WRESTLE WITH THESE PROFITEER'S PUTTING PROFIT'S OVER SANITATION AND PERSONAL HYGIENE. I WRESTLE WITH, WAKING UP IN THE MIDDLE OF THE NIGHT, AND OBSERVING ONLY ONE MTC GUARD OVER-SEEING "224" PRISONERS SOMETIME THE MTC GUARD BEING A LONG FEMALE THIS BEING PART OF AN COST SAVING MEASURE



I WRESTLE WITH THESE PROFITEER'S PUTTING SAFETY LAST - AND PROFITS FIRST. I STRUGGLE WITH SLEEP TONIGHT, I STRUGGLE FINDING PEACE WITHIN. I STRUGGLE AND WRESTLE WITH THESE EVENTS, BECAUSE SOMEWHERE I READ, ABOUT FREEDOM OF RELIGION; SOMEWHERE I READ, ABOUT PROTECTION AGAINST CRUEL AND UNUSUAL PUNISHMENT; SOMEWHERE I READ, ABOUT EQUAL PROTECTION OF THE LAW; SOMEWHERE I READ, THAT EVEN, "ME" - STILL ENJOY THESE RIGHTS UNDER OUR FEDERAL CONSTITUTION AND LAWS. WELL I DON'T KNOW WHAT'S GOING TO HAPPEN NOW, THERE ARE SOME DARK AND DIFFICULT DAYS AHEAD - BUT I KNOW!!! ONLY WHEN IT IS DARK ENOUGH - CAN YOU SEE THE STARS. UP ALL NIGHT STRUGGLING TO FIND ANSWERS, BUT MOSTLY PEACE ~~WITHIN~~... OR, SLEEP... TO BE CONTINUED

Joseph Smith