

☼ Daily Journal ☼

Ronald N. Clarke Jr.
The Death Row Poet

Today is January 26, 2012 and it's 8:06 am. I got up at 5:30 am made my bunk cleaned the cell and washed up. Don't know what I'm going to do today. I didn't get any mail last night. maybe I'll get some tonight.

I'm working on the First 24 hours over here by myself. still don't know what this is all about. It might be just childish juvenile games to get me to react. But I don't do that, not my style. I just roll with the flow. A lot of the retaliation that I've endured has been caught on camera. as of them throwing my food tray, refusing to feed me, picking up my mail that never got out of here.

I need an attorney. I've written the ACLU and Florida Institutional Legal services all to no avail.

They state they don't have the time or funds to represent me. so I'm in between a rock and a hard place. If anyone out there reads this and knows of where I can find representation please contact me.

Cause I need a lawyer. There's no way I can get depositions of the prisoners and staff who have witnessed this retaliation. There's some officers who are retired, who will testify to some of this. I really need legal assistance. This case will never go to trial.

They will settle out of court. Cause they (the FDOC) admitted to a reporter, that I had to be stopped from making allegations over the internet." There's numerous witnesses and I had it in their writing stating my blog the death row poet. was shut down.

They denied the informal grievance I then filed a formal that was approved, they realized they couldn't shut my blog down.

This is an open and shut case, I just need a

lawyer to handle this, The D.R.'s are easy to prove that they were retaliatory, Cause the video cameras that are located on the wing, doesn't support what they say took place. Any help with this would be really appreciated.

I guess I'm going to workout back, shoulders and chest. and try to pass some time. I have a call out at 9am to go see the psychologist, but I don't go any more. I haven't left this cell in 3 weeks cause every time I go out, I come back and my cell is destroyed, it'll look like a bomb or tornado came through. I'll spend the next 2 to 3 hours cleaning it up. so its not worth it, to try to go to any call outs or recreation. Although this is mentally taking a toll on me... not getting out of this damn cage. This cage 9x7... 63 square foot of hell. and it will close in on you, and screw your mind up. Let me get up and do something.

~ FRIDAY January 27, 2012 Here we are, another day in hell. What shall today hold. My mind is still on Stoney and Fran. That's got to be taking a toll on them. 19 days to live. yes on Wednesday February 15, 2012 the great state of Florida, will murder Robert Waterhouse AKA Stoney, to show two wrongs make it right, in the eyes of America. Land of the Free, home of the brave where the poor are truly, truly depraved.

The signing of Stoney's death warrant really took the wind out of my sail. We weren't friends, I don't have any friends in here, but I did know him and like him. What a world we live in.

Word is, is the warden and Col. are coming down here today. I guess to inspect the new concrete bunk that was just installed in the new torture

Chamber #4102. I've got a lot more that I want to say, that I can't put up on this blog. I am paranoid. If they played by the rules, that would be one thing. But I've already seen how dirty they play, they'll lie and do any thing they have to do, to defeat me. Tell you - I've got more drama going on in here, than most people have in the Free World. It's stressful and at times I'd like to just let it go. But then when I witness some of what's going on, Officers lie and write Fraudulent DR's in order to put one of us guys in a strip cells. I was one of the first ones they did that to, back in June 8 through 13, 2011. They then did 10 other guys like that. They would write a DR, saying the inmate had his mattress in front of the door on the floor, or the inmate tore up state clothing, and they would use this to justify taking the inmate's mattress, blanket, all clothing except underwear. Would not give us toilet paper, tooth brush, soap, towel nothing for 3, 4, 5 days. That's unconstitutional and inhuman. No way to clean yourself, wash your hands or anything for days. I can't sit back and do nothing. I've seen them put a 72 year old man in those circumstances, I've seen them do this to mentally ill men. For not making their bed, failing to get dressed and other minor violations that should have been no more than a DR, and 30 days in D.C. (Disciplinary Confinement) witnessing that - well it pushes me to fight and expose this unconstitutional abuse. Some one has to step up and do something. So it might as well be me. I have a lot to try to make up for. I'll never be able to do it, but I try to redeem myself the best I can. What I'm doing is very

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dangerous. It'll be even more dangerous when I get the Freedom to write what I want. Cause I plan to open Pandora's box, and air out a lot of dirty kundry. What they done to me, my mother, stopping her from visiting, after she made a trip down here from Oklahoma. What they done, it's unforgiveable. Liar's with no honor, no integrity no heart and compassion for my mom. Damn me all to hell!" But they showed the heart of a low life dishonorable coward when they messed my mother's visit up. all because I stood up to them. They said they would shut my blog down!" I told them "No!" And that if they tried I'd file a law suit. I stand up for what I believe in. see I want them to read my blogs, I want them to know what I think and how I feel. I want them to know I'll never back down from them. I have nothing else to personally to say to them. Anything I have to say, I'll say in a grievance or through this blog. Cause I can not open my mouth and trust these dishonorable people not to lie and falsify another bogus D.R. Their word means nothing anyways. If they have anything to say, I want it in writing. Can't trust a dishonorable liar.

~ FRIDAY 10:51 am. just discovered they turned the heat OFF over on this side. and they turned the hot water OFF. so more psychological war fair. That's why they isolated me down here. It's unbelievable. I wonder what else their going to try. I heard them back there around 9am. I'm going to yell over to the other side and see if they got hot water or heat. I called over there, no one answered. my guess is their working over there grinding down the concrete. I say that because

I hear some type of noise.

~ Saturday January 28, 2012 6:36 am Rough night's sleep. Not sure what I'm going to do today. I did knock out about 500 push ups yesterday before showers. so I need to workout. Write a couple of letter and something for the blog. and a response on comment that I got for the blog. maybe there will be a good move on this afternoon.

9:37 am just finished an hour and a half workout. I may do a little more later today. my mind was on Stoney and Fran. she visits him on Saturday, and should be there with him right now. 18 days to live, a hell of a thing.

I've been staying in this cell, not going anywhere just to avoid staff destroying my cell. I welcome any shake downs, just do it in compliance with 33-FAC. But they don't do that, they destroy everything, where I have to spend two hours cleaning everything back up. so I haven't been going to rec, or psychological call outs, this is mentally taking a toll on me. I hate this damn cell." "I hate it with a passion!!" The depression has been setting in lately. I've been trying to pull myself out of it.

It hasn't got to the point where you wake up and your first thought is wishing you had died in your sleep. But I've had suicidal dreams, and that is not good. I guess it's a combination of everything, from the b.s. I'm enduring, to the fact that Stoney's on death watch. Death may beat the hell out of this screwed up existence.

I need to write a few letters. I smell a fire outside some where. let me get to writing.

12:43 PM. Finished a letter. started another blog called Truth

Honor, Integrity. Which I'll finish later. Right now I'm going to work out again. There's nothing on T.V. so let me get a work out in.

~ Sunday January 29, 2012 6:19am. Just finished eating breakfast. I need to write a letter or two this morning. Start my workout about 8 or 9am. I stayed up till 10pm watching MMA, UFC it was pretty good. I also need to work on finishing this blog up, and responding to a comment left on my blog. That'll keep me busy this morning. Let me get to it.

2:31PM Well I got my workout in, watch MMA super cross James Stewart won. At 3:30PM. I'm going to watch the Miami Heat play. I'm a Heat fan. I'll probably do some more curls, bathe and call it a day. I did not get the writing done, that I wanted to get done. Wish I felt better than I do, just down in the dumps. That's the story of my life.

~ Monday January 30, 2012 6:29am Another day in hell! Don't know what I'm going to do today. That smoke I smelled the other morning caused a wreck on I-75 that killed 10 people. Stone has 16 days to live.

9:39am Just finished Truth Honor Integrity and writing up the response to the comment. I need to do some more writing but I'm almost out of stamps. Guess I'll walk for a while. Pace back and forth. The major and all them just walked by. I'm glad I didn't send this stuff out last night. I would have gotten really paranoid.

10:30am I stopped one of the officers asked him what the noise was all about. He said "Their working on your cell over there. getting your bunk ready for you." I hope they don't put me over there. I sure don't want to do a hunger strike. But often you have to do things that you don't want to do. I need to get word out about

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this blog, so people will know what's going on, in the event I have to pick off this hunger-strike. I hope in the event this goes down, that everything I write will get posted over here. I'll try to bring enough attention to this, that hopefully an attorney will see it, and step in to help me. The only way I'm going to stop the retaliation is by getting the attention of the secretary of the F.D.O.C. and the Governor's Office. Only when they start asking questions up top, will this idiotic behavior stop. And I need to get it stopped.

12:55 PM just wrote a request slip to Canteen and a short letter to Life Spark asking for assistance in promoting this blog. I'm fixing to get up and start my leg workout. I hope to get some mail tonight and hopefully some one will send some stamps. Let me get to this workout.

5:45 PM I got my shower. I had a sorry workout today. just couldn't get motivated. I'm waiting on dinner right now. We got slop tonight. Processed chicken patty. After I eat I'm going to lay back watch some TV. and call it a night. mail won't be here until 9:30, 10:00 PM so I'm going to get this ready to go out tonight and up on the blog.