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January 31 2012 Through February 5, 2012

January 31, 2012 Tuesday 6:00am. I got up at 5:30am and didn't want to get up. Wish I could sleep forever. I've made my bunk cleaned my cell washed up and now waiting on breakfast. Not sure what I'll do today.

7:41am. They came down and asked if I was going to rec. I said, "no". I want to go, I just don't want to come back into my cell being destroyed. If they would shake it down in compliance with 33-Fac it wouldn't be a big deal. But they destroy my cell. I could never leave out of my cell, in the condition they leave it in, after a shake down. yet their allowed to leave it in that conditions" That's bull shit! well I'm going to listen to some music and write a letter.

10:28am I just knocked off about 300 to 400 push ups. I'm going to hit the chest again a little later. I'm setting up a new blog overseas and outside the U.S. laws. and I'm fixing to start writing for it. so that's what I'm about to do right now is write the opening.

11:58am Sgt Trent came down about 11:15 told me to pack it up, that I'm being moved to 2-North 2204. I don't like this at all. There's a C.O. over there that's been setting a lot of guys up with bogus DR's and that might be what their fixing to do to me. I don't trust these people at all! well I need to finish getting ready.

2:36PM I left cell P-4125 and I'm now in cell BR04. I spent the past two hours cleaning this cell up, and I'm still not happy with it. This was a seriously nasty cell. I don't know how long I'm going to be over here. I got a feeling they put me over here, just to set me up and place me back in that cell 4102 that they just finished constructing. only time will tell, but I'm calling it here before it happens. so if it does, I told you so.

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4:42 PM. I did some more push ups, cut my hair trimming it up. They started the showers, which I'm waiting on. It's back to front. so I'm in the next to the last group. I need to write some more for this new uncensored blog. I hope to get that up and running to protect me from any further retaliation. Cause I'm really concerned about being set up. I really believe that's what this move was all about. They have several officers over here on two north, that I've heard are notorious for setting guys up with bogus D.R.s so I am concerned. We will see how it all unfolds.

~ Wednesday February 1, 2012 4:57 am I got up at 4:30, I didn't sleep good last night. I kept waking up. I gave up on trying to sleep and decided to get the day started. I only received one letter last night. I need to get to writing that.

8:48 am. I just spent an hour and a half cleaning this cell. I'm glad I did. I found a shank about 6 inches long double edged with like a spear tip on the end. Looks like it had been made awhile. you could tell it wasn't new. I flushed it down the toilet. When I seen it, I was like "oh shit!" Here's the thing, if they come doing a shake down and look in that spot, then I know it was a set up. I don't think it was. I think some one had that hid there for several years. Last guy that was in here, did not clean this cell. I know he was here for over a year. so I believe it had just been there for a very long time. see the reason I believe it wasn't planted, is because if they were going to set me up with that, the staff member would have carried it in there and said they found it, and never allowed me a chance to actually put my hands on it. Doesn't

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matter now, it's floating with the turds. I still don't like the idea that it was in here, and I found it by luck. I almost missed it. Well now that I got this cell cleaned a bit better, I'm going to fix me something to eat and then write.

~ Thursday February 2, 2012 6:58 am I'm up and about, just finished watching CBS news. I didn't get any mail last night, maybe I'll get something tonight. Not sure what I'll do, maybe write some blogs, a letter do leg and cardio work out. see what else today brings. Can't believe Don Cornelius killed his self yesterday. makes me wonder why I struggle in here to stay alive. just die and get it over with.

~ FRIDAY February 3, 2012 7:38 am I got up at 6:30 already made my bunk, cleaned up and started a letter, well I started writing on a letter that I started yesterday. yesterday I couldn't get my mind on anything. so I spent most of the day cleaning this cell. I'm scrubbing one block at a time with a toothbrush. I need to just do something to keep my mind OFF OF stone and Fran. I heard yesterday that Fran has already bought an urn. This is weighing heavily on my heart. Guess I'll get back to this letter.

~ Saturday February 4, 2012 8:12 am. Well I'm fixing to start working out. I didn't do anything yesterday. I don't even think I talked to any one. I seen on the news where that idiot in Clay County that killed that little girl some several years back was sentenced to life in prison. And yet stone's setting over here with 11 days to live. What kind of crap is that?!! That just shows the death penalty is not applied fairly. If some was my daughter, I wouldn't have wanted the guy to get the death penalty. I wouldn't have even wanted him

to be locked up. I would have wanted him in my hands. And every day, that s.o.b. would have prayed and begged for death, and he would have regretted killing my daughter!" Hey, you can't judge me, I'm a vengeful s.o.b. and a self-proclaimed idiot, so I got an excuse for my vengeful heart. What's America's excuse for murdering its own citizens, under the stupid fraudulent ass concept of justice, "screw justice!" Admit its vengeance you want!" I can live and deal with the damn truth!" I'm sick of hearing about this justice crap. For its utter non-sense. Let me work out.

4:44 PM just waiting on showers. Now that I'm back on the 2nd Floor shower days are Tuesday, Thursday and Saturday. Which I don't really care for. I like Mon, Wed, and Fri, shower days. Last night I only got one letter. This sucks not getting much mail. I'm getting so tired of living this way. 22 years in a damn cage!" And you have cop killers, serial killers, child killers running around in population. And here I set on death row. Land of the Free home of the brave, lying s.o.b. the poor are depraved. When I can say what I want to say, I'm going to let the judges state attorney and all those two face hypocrites know, where they can stick this case. And that is they can stick it and their "B.S. Facade of justice" where the sun don't shine!" I'm tired of feeling this way. I'm tired of being tired. I've got to get out of this cell and go to recreation this week. I think the problem is this cell is wearing on me. I need sun shine and fresh air. I need to wash clothes before I go to the shower.

~ Sunday February 5, 2012 7:32 am. Stoney has 10 days left to live, unless the court or some one steps in and

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and gives him a stay. And from what I'm hearing that's not likely. Ten days to live. Does any one get it? This is premeditated murder by our government. An act of revenge, two wrongs making it right! Education is suppose to be the key to over coming ignorance, yet these judges, state attorneys and DAs are all educated. so education is not the key, it's common sense, which all these idiots are obviously lacking, open your damn eyes! "you expect an idiot like me to seek vengeance!" what's their excuse? I need to get some letters written. I need to write mom, my pop's and work out. I'm going to watch the super bowl tonight. I want to pull for NY. on the other hand New England is stoney's team. Let me get to writing now.

10:27am I just finished writing "what's your excuse?" for the blog. I hope it gets posted. stoney and Fran are weighing heavily on my heart. Ten days to live. And society can't see anything wrong with it. If people support the death penalty, eye for an eye mentality, I can show you something really stupid! "want to see?" look in the mirror. Cause anyone who supports murder for murder is just a big of a dumb ass as I am. Welcome to my world!

5:02pm well its about time to call it a day. I didn't accomplish much of anything today. I tried to work out, that didn't go over too well. I'm watching the super bowl pre game, and will lay back and watch that in about an hour. I hate feeling this damn bad. whether they tear my cell up, and destroy my property tomorrow or not. I've got to go outside and get out of this cell, cause it's mentally breaking me down. Had another suicidal dream last night, and I've got to get out of that. Away from that type of thinking, before it

gets any worse. maybe I'll get some mail tomorrow.
That makes me feel good. Let me get this in the
mail and up on the door. I'll start writing some
more tomorrow. Where stoney will be down to 9 days
to live. what a bitch!

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