

The Reality of Dying In Prison

(a story rarely exposed by Media outlets)

In the Past 10 years there has been a large Number of male Prisoners inside the Indiana Department of Corrections Dying from Cancer. There has been others Dying of heart attacks and others Drug over doses.

Since January 2003 When I arrived at the Wabash Valley Correctional facility. I learned that when this Prison was built in 1993, it was erected right above a deserted (Coal mine). The water for a long time was said to be highly concentrated with Lead particles and water parasites. In the past (9) years Prisoners have died from Cancer of the Liver who where all diagnosed after it was too late to save their lives.

Other Prisoners are being told they have diabetes having had it for 6 months to a year already. Being ill treated or misdiagnosed, the Health Care Services like the Prison

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Food Service here, have been privatized. We are being exploited to prepay 5.00 dollars just to be seen by unsympathetic care administrators. Who are prescribing us medications without having a clue of what is wrong. This medication subscription is yet another \$5.00.

This water is so bad that you see all prison staff carrying bottled water. The water buildup it leaves (Lime scale) inside my cooking / coffee hot pot to a point I can barely get it out. I need a green scratch pad to remove it. I am not a rocket scientist, but I believe this water and the exposure it has to that coal mine below the prison is responsible for. These men dying due to long term consumption of this foul water.

The food is obviously prepared by this water. So there is no way to get away from it. Most of these men who died recently. I grew up in these prisons with over my (26) years of incarceration. To see their health deteriorate before my

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eyes really has had an impact on my life. Because mainly, it shows how long I have been in prison separated from my Love ones, children, friends, family. Now it has me wondering will this be my fate.

Having a Strong Physical exercise program, and a Study regimen to help maintain my Sanity. Coupled with writing short stories, Poetry, essays, booklets, and connecting and networking with empathetic free world people. I pray Allah (God) Navigate my life through those unseen troubled waters.

Do you want to Learn more about the (SCU) Security Housing Unit? you may do

So by going to Humanrights Watch website at hrw.org Look for Report. Called: Cold Storage. Down Load this report and Share it with a friend.

Hope you enjoyed my thoughts.

(May Allah Bless You)

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