

Universal Life Church

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Credentials Of Ministry

This is to certify that the bearer hereof was ordained
this date: July 21, 1998

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Lida G. Hensley
Lida G. Hensley, D.D., President

Some time ago I had learned about some trying times my children were going through, and in the case below I had attempted to reach out to David via THE BEAT WITHIN. Hopefully fate made a way for this message to help him through his ordeals.

I am posting this on my blog now for the same reason, to-ward all who visit this site — especially my children.

Consider well exactly how you see your life, for it will be as you see it.

Change Your World with Thoughts

Hey son of mine,
I've got much to say
but I can sum up everything I've learned about life in three words:
it goes on.
Look, the world in which we live is the exact record of our thoughts.
We choose our joys and sorrows long before we experience them.
Therefore, it stands to reason if and when you change your thoughts
you can change your world.
I'm here for you and you're always in my prayers.
You can write to me directly if you'd like to or by way of your siblings.
I love you and wish you all the best.
Be Blessed,

Bill Goehler

This short letter from Bill Goehler to his son, David, shares some great advice with us readers. Life most certainly does go on, and it's up to us how we decide to keep record of past events and whether we are willing to choose joy or sorrow in the future. We certainly hope that Bill hears from David soon! We welcome more insight from Bill Goehler who is residing in Mule Creek State Prison in Ione, CA.

**We choose our joys and sorrows long
before we experience them.**

**Therefore, it stands to reason if
and when you change your thoughts
you can change your world.**

Living On Purpose (LOP)

Statement Workbook

Adapted from D. Amen's M.D. One Page Miracle

In Cell Assignment

Answer the following question to help you shed light on what you value, use another sheet of paper if needed.

4. Are you giving enough time and effort to those people or things that really matter to you? Or are you spending the bulk of your time on things of lesser personal value?

As much as is possible I do often consider if I'm giving enough of my time to-ward people and things that matter.

The first thing I do in the morning upon awaking is lift up my family and friends in prayers of good-will while I'm doing my yoga meditations.

I do consider myself an emotional liability in my loved-ones lives though, so I'm not too comfortable writing to them about any real issues involving my life or theirs in the most part. Instead, I enjoy warding them in prayer... and mailing out artwork. I also have a blog-site where I post my pathos for anyone to peruse. I've posted some artwork, some reveries of yore, and now I'm posting these Cell-Assignment essays which permit me a unique opportunity to express my thoughts on a given topic without incurring the liabilities of rashly expressing any emotions involved.

In my everyday life I try to remain light hearted and care-free. I suppose that I have personal aberrations which prevent me from developing any real and meaningful friendships in this miasmatic purgatory, but I do provoke alot of nervous smiles and leery chuckling from both cops and criminals in my capitulating burlesque antics. At 6'3", 230+ lbs, I do imagine that other men are quite relieved to see that I'm no longer an idealistic fool who takes life so seriously. Except for those exceptional few who dare drop their own mask as a tribute to access the genuine me, I'm rarely bothered by bestial vulgarians or burdened by their mundane concerns. Rather, I read, study, and reflect upon eternal mysteries which enables me to walk around with my head in the clouds

#4 (cont.)

where I pray on behalf of others.

Is there a better way to pass the time of this life sentence
— for blowing off a tree limb?

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Answer the following question to help you shed light on what you value, use another sheet of paper if needed.

5. What developmental period of life-adolescence, young adulthood, middle age etc.-are you in? How have your personal goals changed from the previous period? How do you think they'll change ten years from now?

Since I tend to think that I "know it all", and that tendency is the nature of willful-adolescence, I must admit that despite all of my meta-physical head knowledge... I strive to embrace that exciting place between childhood and maturity. The former being too innocent and venerable, and the latter being too severe.

In the "Previous period" of this query; Let's see... I recall that I often aspired to display values of virtue which I despised as lacking in too many complacent or apathetic male role models. Being raised by an illiterate alcoholic father on public dole, and my mother on welfare, just ^{did not} do much for a youngsters self-esteem except fester a feeling that I didn't want to live their purpose-less type of life.

Naturally I became incorrigible, and before long I landed in the juvenile justice system at 13, where I had much time to read in search of a better perspective of life. It was then and there that I read in awe the virtues of Adolf Hitler, Jim Jones, and Charles Manson. These became my male role models who I felt that I would never be able to emulate in my numb-skull condition. What I admired in these three notorious men was the power of persuasion one mind can have over so many others. Consequently my search for knowledge became intensified and as the old saying goes: "When the student is ready, the teacher will appear" ... my teachers appeared everywhere regarding the power of Mind - and my numb-skull condition. That being then and this being now, how have my goals changed?

* 5. (cont.)

Having failed in my seditious crusades of the 1990's, trying to ignite a revolution, I realized that a little knowledge can be a very dangerous thing. I actually survived the demagogues designs for destruction and I learned by experience that the zeit-geist is as it should be. In that realization I have matured beyond quixotic concerns outside my range of influence or perhaps... I've succumbed and have become apathetic in matters of religious and temporal tyranny. All in all, tho, I've learned to accept that people in general deserve the government they get saddled with.

Ten years from now how will my goals have changed from this current callousness? Well, I pray that I still have my adolescent zeal for adventure and continue having fun fascinating bestial souls. Aside from this battle of wits pastime, I pray that I discover the compassion lacking in my life and stop pushing people away.

P.S.

It is necessary to define words in order to comprehend the message conveyed. And the definition of "virtue" I once aspired to achieve - and despised as lacking in men, was etymologically derived from the Latin *virtus*, meaning strength, manliness, wherein I thought there were responsibilities to maintain certain racial and national status quo values. Now that I've somewhat matured I am able to see and appreciate what actually constitutes perfect virtue is:

Dignified conduct based on good character;
Generosity of soul;
Sincerity;
Purposeful intention;
Kindness.

These are what I aspire toward now.