## LAUGH AT YOURSELF MOMENT

I'm working a 4:30 a.m. to 12:30 p.m. shift in the kitchen. Usually I get up at 3:50 a.m. to wash my face, brush my teeth, and get dress in my kitchen whites.

There's this show that comes on called "Excused". One episode airs at 12:35 a.m. and the other at 4:00 a.m. so I usually
watch the one at 4:00 a.m. show before work. This morning I
go through my usually routine and watched "Excused" and waited
for my door to open for work.

As I sat waiting for the door to buzz open I noticed it seemed like it was taking kinda long then this show "Sunny in Philadelphia" came on and I said out loud "This comes on at 4:30 a.m. now?"

In a instant it dawned on me... "Sunny in Philadelphia" comes on at 12:35 a.m. I turned on my light to see the clock and come to find out I had been watching the 12:05 a.m. episode of "Excused" [HA HA] I gotten up four and a half hours early gotten washed up ready for work, and didn't even know it [LOL].

I just laughed at myself, got undressed, and went back to sleep. I know those reading this had have some of your own "Laugh at yourself moments" so don't be shy [Smile], share them with me.

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