

Thoughts From THE HEART
BY: JOSEPHUS Smith
2011-FEB-27: DOB-54-02-27:::
0300HRS:.....

SLEEPLESS IN OHIO

THE WRITER ONCE AGAIN CAN'T Sleep Tonight, I'm
Trying to BE QUIET- BY WRITING IN
THE DARK- MY ROOM MATE HAS TO GET UP
AT 4:00AM TO GO TO WORK- I DON'T
HAVE TO BE AT WORK TODAY UNTIL 9:30-
10:00 AM. MY JOB IN FOOD SERVICE HAS SOME-
WHAT CHANGED- COMPLETED THE THREE YEAR
APPRENTICE PROGRAM IN "C ARTS"
RECD MY DIPLOMA JUST BEFORE THE
STATE LEFT AND TURNED IT OVER TO
THIS SECURITY GUARD COMPANY- MTC.
ONE REASON WHY I ENTERED THE APP-
RENTICE PROGRAM- BECAUSE IT IS OPERATED
BY THE COUNCIL OF APPRENTICESHIP PROGRAM
A STATE OF OHIO COUNCIL OF JOBS AND

FAMILY SERVICES. HAS NOTHING TO DO WITH THE DEPT. OF CORRECTIONS. ALL THE PEOPLE WORK FOR THE COUNCIL. IT'S ONE OF THE BEST PROGRAMS INSIDE THE PRISON SYSTEM. THERE ARE ABOUT FIVE OTHER APPRENTICESHIP PROGRAMS TO GET INTO. I CHOSE "CULINARY-ARTS" DUE TO THE FACT - I PLAN ON OPERATING A BED-AND-BREAKFAST IN UP STATE NEW YORK. THINGS HERE AT BEST ARE A NIGHTMARE. THE CORRECTION INSTITUTIONAL INSPECTION COMMITTEE WAS HERE. THIS COMMITTEE WHICH WILL BE REFERED TO AS [CIIC] IT WAS FORMED BY THE STATE-LEGISLATURE BODY TO BE THE WATCH DOG, IF YOU WILL ON THE "HUMAN TREATMENT OF PRISONERS IN THE STATE OF OHIO. ANOTHER WASTE OF TAX PAYER'S DOLLARS. THIS COMMITTEE CALLS IN ADVANCE TO LET THEM KNOW THEY ARE COMING - [SOMETHING THAT THEY DON'T HAVE TO DO] - GIVES THEM TIME TO CLEAN UP THE LIVING AREAS, FOOD SERVICE - AND MEDICAL DEPT. ON THESE DAYS - MEDICAL IS FULLY STAFF - FOOD SERVICE AREA AS WELL AS THE LIVING QUARTERS ARE CLEAN - THE INSTITUTION STAFF HAND PICK THE INMATES TO TALK TO THEM - I CALL THEM

"TAP DANCERS" ALL IS WELL!! AND
THEY LEAVE AS THEY COME WITH A
SMILE ON THEIR FACES. GOOD JOB THEY
SAY-KEEP UP THE GOOD WORK. KEEP
UP THE GOOD WORK YOU SPIN MASTERS,
BUSINESS AS USUAL- LET'S NOT MENTION
THAT THIS PRISON HAS THE "WORST" GANG
PROBLEM IN THE STATE PRISON SYSTEM
OF 32 PRISONS; LET'S NOT MENTION IT
HAS THE WORST RECORD IN INMATE'S
ASSAULTS AND FIGHTS- THIS PRISON BEING
AN MEDIUM AND MINIMUM PRISON. LET'S
NOT MENTION THAT THE PRISON STAFF
FEELS SO COMPLACENT- THAT THEY TOO
USE THE "N" WORD LIKE IT'S A
NICK NAME. LET'S NOT MENTION THAT
THIS PRISON HAS THE WORST CASES OF
"SCABIES AND MRSA OUT BREAKS-
SOME TIMES EVERY OTHER MONTH AND
LET'S NOT MENTION- THE MEDICAL
DEPT; A NON CARING DEPARTMENT
WHO ARE GOING TO KILL SOMEBODY.
EVERY DAY THEIR PROCEDURE TO
GIVE OUT INSULIN CHANGES- TAKES
WEEK'S TO OBTAIN LIFE SUSTAINING DRUGS
SUCH AS MEDICATION FOR HEART PROBLEMS
HIGH BLOOD PRESSURE, ETC, ETC,