

GOOD FOODS

I been cooking since I was probably five or six. I remember my mom showing me how to clean greens, mix corn bread, and know how to turn the chicken when you fry it. Throughout my life I became more interested in different kinds of foods and different ways of preparing them. In the end I'd say I turned out to be a pretty good cook.

My favorite style of food to prepare is Spanish food. Spanish food is filled with tons of hot and powerful spices and flavors and there are a lot of dishes to choose from. My specialty is shredded roast beef tacos with fresh made salsa and guacamole... its delicious.

Its been so long since I had a "Good Meal". Sometimes I just sit back and daydream about eating some steaks, pork chops, fish, cookies, pies, and other deserts... I'm hungry just thinking about it [HA HA]. In addition to eating a good meal I'd love to be in a kitchen cooking one and enjoying it with people.

I'm sure a lot of people reading this blog have amazing ideas and recipes for making good meals. "PLEASE" share them with me because I want to try to cook things in new ways once I'm out and your advice and suggestions would mean a whole lot to me.


Thank you for your comments and suggestions...and if your cooking a "good meal" on 7/27/2015 save a seat for me [Smile].

Questions?

What is your favorite meal to cook?

What is your most memorable food experience?

Blog me at:

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