

The Soundtrack

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If Hollywood made a movie about your life, what would its theme be? Comedy? Drama? Sci fi? CHICK Flick?! (EMPHASIS ON 'ICK'!). I am pretty sure mine would be a war movie with lots of train wrecks-ha ha... Yet it would all be incomplete without a score - a soundtrack.

Most of us realize how important music is to a film or show - its mood-making, scene setting sounds invoke emotions, impacts our lives and more.

Music is one thing completely for the human condition. How many songs, instrumentals or beats do you know by heart or at least recognize? How many important parts of your life have been shaped by a song?

I don't know about you, but many, if not most of my days have at least one song that made it important or stand out somehow.

This post may not be my most exciting, but its a deeply rooted part of me. A catchphrase of late is 'What's on your I-pod' or 'What's on your playlist?' Know why? MUSIC IS AN INSIGHT TO OUR PERSONALITY - a glimpse into our personal human condition of the moment.

All I can say for sure is MY life has a fantastic soundtrack & so far, for what it's worth, my life hasn't been so bad, thanks to music.

So what's the soundtrack of your life?

-Andy