



APRIL 2 - 5, 2012

Monday April 2, 2012 6:37 am. Just having me a cup of coffee watching CBS morning news, someone down the hall is tearing up paper, and they've been doing it for 30 minutes. Flushing the paper down the toilet. I don't have a call out. They came by with the call out list at 6:30 so if they don't pull me for recreation then I'm going to start my chest, back and shoulder workout around 8 am. We had pancakes and oat meal for breakfast I'm fixing to eat my oat meal here in a few.

8:03 am I'm going to walk for a while and see if I can get rid of this headache. I don't see any one on the yard.

8:30 am Can't get rid of this headache. On top of that, I just feel like shit this morning. I'm sleepy, tired of this damn cell. I hate this cage so much. "People could never understand what it's like to live in this cage for 20 years. Constantly checking your sanity, wondering if you are about to lose your mind. Cause this cage plays with the mind hard. The human, nor the animal mind, is not meant to endure this type of environment. It wears on you so hard. No matter how hard I try to explain I can never make people understand these conditions, these circumstances, this — cage that just wears you out mentally. I'm going to walk some more, see if this tylenol will tick in.

8:55 am Did 5 sets of 30 crunches, pushups 46, 25, 25, 25, 25, 23, 24, 23, 21, 19, 18. Toe touches 100 9:30 Finished

10:12 am I cleaned the cell bars and the floor. I'm really not feeling good for some reason. I don't like feeling like this. I don't know what's wrong.

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They just passed out toilet paper and soap. I feel bad for anyone who has to use that soap. That's some nasty soap. Our T.V.s aren't working. There's a lot of digital break up, some stations aren't even coming in. Actually most aren't coming in. We had people wanting to donate a new antenna system, but Warden Reddish denied it. That man hates all Prisons. Without prisoners he wouldn't have a job, yet he hates us. The feelings mutual. We hate him and can't wait for him to get out of A.C.I. I'm going to try walking some more.

11:02am just finished eating peanut butter sandwich and turkey salami which people on the street wouldn't eat. Looks like it's really nice outside, wish they would call me for recreation. I'd like to do some dips and pull ups... but mostly get some fresh air and sunshine and get away from these guys in here. I doubt they will call me for rec, but I hope. Find out in a couple of hours. I'm going to do some walking.

11:33am They just came through calling afternoon yard. Not sure if I'll get to go. Find out about 1, to 1:15pm

11:54am Co. Sexton just came through picking up grievances. "I said 'Are you taking me out today?'" He said "No when you write into the warden and ask him to take you off High Security, will take you out." It's not my job to write in, I shouldn't have ever got put on this High Security, this is their stupid foolishness and they take me off when they take me off, I'm not going to beg. Screw them! What I will do, is start filing grievances again.

12:50pm Co. Wagner is opening the windows. I can see outside a little bit. The windows roll out and so

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they only open about 8 to 10 inches at the bottom. It's going to be really hot in here this summer. This place gets really hot, I mean it gets to feeling like an oven in here. That sun looks so good out there. I'd love to be out at the beach.

On my mp3- I have sounds of waves crashing. I only listen to it when I'm going to sleep.

1:45 PM side lat raises 3 bags 1st 12 2nd 12 3rd 10 Forward lat raises 3 bags 1st 10 2nd 10 3rd 9 Flat Flies 5 bags 1st 20 2nd 13 3rd 12 4th 11 5th 10 military presses 12 bags 1st 8 2nd 7 3rd 6 Bench presses 12 bags 1st 22 2nd 13 3rd - 2:35 PM Finished.

3:17 PM just finished washing cloths the floor and bathing. I'm going to lay back and do some legal reading.

* TUESDAY April 3, 2012 6:39 AM. I'm #4 on the law library list. so I'll be going down there this morning. That will push my exercising back. Last night I did some reading watched some TV. and went to sleep about 8:30 PM. I got up at 4:30 AM. Didn't get any mail last night. one envelope with some photos in it of me back when I was a kid. which I'm going to place up over here on my blog. I'm going to write a bit telling people what I remember of the photos. Like the one of Bigna and I. I can recall that day. The photo was taken in a photo booth at a game room on the board walk at Jacksonville Beach. We had spent the day there. we took the bus to go there. I can't be more than 3 or 4 years old and I remember that day so clearly.

7:56 AM They came through about 30 minutes ago calling recreation. They haven't come back and started pulling. I told them I'm going. I always say

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I'm going, cause you can always tell them that you don't want to go, but you can't get on the list to go at the last minute. Looks like it may be a little foggy out there. Wish we had windows in our cells. I'm going to do some walking.

8:09 am It's going to be a bad day. Sgt. Aldridge is up here. He's one of the defendant's in my lawsuit. I don't think I'm going to the law library today. I'm going to lay back and try to stay under the radar. Cause he's not below setting me up with a bogus D.R. And I'd rather stay away from him. He's also jumped on and assaulted several guys here on the row. Mr. Connor, Elmer Carroll, and Ray Johnston are three that I know he's assaulted.

Not really worried about that, I'm more worried about him setting me up with a bogus D.R. in order to place me on property restriction and put me in a strip cell. Wish these officer's had to wear personalized audio and video devices so they can't violate the damn rules. Oh well.

8:40 am About 20 minutes ago Sgt. Aldridge and Swain showed up at my cell front said "you got a call out." I said "I'm not going to the writ room / law library." Aldridge came back and said, "It's a phone call." I was taken down placed in the phone room, where I sat for about 10 minutes. I heard the Sgt in the hall way say we got Clark down here, several minutes later they come and got me and said "False Alarm." When I was down there one of the Sgt. said to Aldridge "you got to watch out for him, he's a bad bod." I kept my eyes on them. I was actually expecting to get sucker punched in the side of the head. I don't

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trust these people. I don't know what that was about, but whatever it was about, it can't be good. There's no doubt in my mind that they were up to no good. I'm going to lay back and relax for a bit.

9:07am I just spoke with Sgt. Lee about that phone call incident. Told him what happened and that it looks like a set up. He smiled at me and said "I feel you, but," I said "remember the last time I had this feeling I got set up. I'm just documenting this the camera will show you stopping here and me telling you my concerns. He said "Okay I understand." I do have a feeling something funny just took place, and not haha funny. Last time I felt this was when they set me up with that bogus DR. on Sept 9, I knew something was wrong then, I know something's wrong now, and I don't like it one bit. I also heard there's a bunch of officer's heading this way with drug dogs. Doesn't matter to me, I don't mess with drugs. A lot of guys are out on the rec yard. They did finally pull them for rec at 9am which is how I got to speak to Sgt. Lee.

9:22am I just took a leak, tried to flush the toilet and the water has been turned off.

9:52am Col Godwin just walked through and stared at me really hard. I searched the cell to make sure nothing was planted when they took me down there. But they could come in here for the shake down and plant anything they want. Same way Sgt. Trey did back on Sept 1, when he said he found 3 razor blades in here.

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I'm just still trying to figure out the purpose of taking me down stairs. It just doesn't add up. I know their down stairs shaking down and running the dogs through. They should be up here shortly. I'm thirsty and we don't have any water. :-)

10:09 am Lt. Killgore came to my cell and did everything he could to try to get me to talk. I wouldn't even open my mouth. He said 'you don't need to say a thing I can say you said anything that I want you to say. Right now I'm fixing to file a formal grievance on this incident. Cause they were saying all kind of crap to try to make me respond.

10:31 am I just finished that grievance which I'll turn in when they pick up grievances today. Sgt. Aldridge came back here while I was writing it and said 'ya'll need to hold the noise down. Others were talking. Sgt. Swain just come back doing a 30 minute check. And they forgot to put the lock on my food flap, they were so busy jugging at me playing childish ass psychological games that they over looked security of putting the lock back on. And the video camera supports this.

11:40 am The guys just come back in from rec. They also just fed us. The water is still off. Which means they may come back again. I'm thinking they set me up, that their going to write me some type of bogus DR. I want know anything for a couple of days. They don't notify you that you have a DR. until the DR. investigator shows up in front of your cell and reads

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you the charges.

2:20PM just wrote Absolute power Absolute corruption which I'll be sending out tonight to get posted on my blog about what took place in here today with Lt. Killgore.

2:39PM CO. Sexton just came through and I filed that grievance. I may write up some more grievances.

4:18PM It is hot in here. I'm not sure how all of this crap is going to turn out. Today was a damn mess. I should be seeing Ms. Sagle tomorrow. I'm hoping I can find out something from her, or Mrs. Mahoney when she comes by. Mrs. Mahoney may come by tomorrow or as late as Friday. If they've written a bogus DR. I'll probably receive it tomorrow, or Thursday. Wonder what they will write it up as? Verbal threats? Who knows. Maybe they didn't even write a DR. I mean Lt. Killgore knows he's a defendant in this lawsuit. But then again he was stupid enough to do what he did today, so who knows what goes through the mind of one of these brain dead moronic rednecks. I know they read this shit and just hate me. Like when I smiled today, and they hated that! What am I suppose to do frown and look mad, Hell no! I'm smiling when I write this smart ass shit. I smile when they destroy my cell, yeah I get mad, but I don't let them ever see it. I just smile. Well just waiting on dinner right now. They set the shower up. I don't know if I'm going.

5:02PM just finished eating. I'm fixing to knock out a quick letter to my mom.

7:12PM I'm still waiting to go to the shower. They're going to do me last. I don't like that. But that's the way they want to do it, so just deal with it.

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in fact, screw it I'm going to bath in here.

7:30pm They came back and got me as I was writing that. I just got back from the shower. I'm laying down and calling it a day.

✱ WEDNESDAY APRIL 4, 2012 6:32am Here we are, another day. Not watching the news, there's no digital signal. Well I thought I was going to have a ms. sagle call out, but the officer just went by and said I didn't have a call out. ms. sagle said she had me down for April 4, I got 3 letters in last night, so I need to write a couple of letters. They may call me for recreation this morning so I need to be ready in the event they do call me.

7:18am I'm really dragging my a** this morning. I just can't get going. maybe if I go outside that will help me out. I need to write something for my other blog about what took place yesterday. I was sure hoping to see ms. sagle this morning. Well I'm going to start a letter.

9:14am 7:4 PBS is having Fla. supreme court oral arguments on David Gores case Marty McClain is his lawyer.

9:49am Marty did a pretty good job. I know the Fla. supreme court is not going to do anything. Marty will have to raise it in the Federal court. I just ate me a soup, Officer Hill just come by picking up grievances and legal mail. I'm going to get up and do some walking. Then decide what to do next.

11:03am They brought lunch at 10:40 am. I put the noodles in bag. I'll eat them later. They just did sheet change. I just made my bunk. I think I'm going to go ahead and set up for my

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work out I need to have a good one today. Officer Hill said one and three wings are going to rec this afternoon. I want get to go out until tomorrow.

11:51am I was getting ready to start my workout when Sgt. Dugger came up and said, I got a 1PM call out to see Ms. Sagle. so that messed up my workout. I need to write a letter right now.

12:22PM just finished a short letter. I'm going to walk until they come get me for Ms. Sagle.

1:41PM I was down there for only 30 minutes. Right now I'm hooking up a soup with the noodles we had for lunch. I'm going to put some cheese on it and get down. Then I need to workout. Not feeling it. I told Ms. Sagle about what took place yesterday and I spoke with Mrs. Mahoney. she hadn't heard anything about me. The mp3 guy picked up my mp3-player while I was gone.

3:29PM Got my mp3 player back just now. I got 5 new songs.

4:39PM I got my workout in. I'm waiting on dinner. After I eat I'm going to wash cloths bath and lay down and call it a day.

* THURSDAY April 5, 2012 6:12am I'm still alive. Not sure what I'm going to do this morning. They may call me for recreation, if they do that will be about 7:30. so I'm going to be ready in case they call me. Look's like from the news that it's going to be cloudy outside. I'm fixing to clean the floor, have me a cup of coffee do some walking. see what comes next. I didn't get any mail last night.

6:48am. just took some tylenol for my headache. my

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Left Foot is going more numb lately. I don't want to deal with this idiot ass Doctor. When I take my shoe off I notice it more and more. It all started last June when I told Nazareno about it last year he said, "it will be okay." I've got everything in here cleaned and in compliance with the rules, so I'm going to walk for a while and see if they come pull me for rec.

10:39am just got back in from Recreation I did dips pull ups and push ups. It was a nice workout. And it was a really nice day. I could see planes zip in the clear blue sky. Wish I was in one heading any where they were going. I walked around and watched the birds. I talked to Sgt. Blue Sgt. Lee and Lt. Robinson when I was out there. I told them about my cell door being opened last Tuesday. That was Officer McClain not Clemens that I had shut the door. Lt. Robinson said Col. Godwin has to approve me being taken off heightened security. No use in even messing with that until Godwin is out of here. I was talking with Sgt. Lee Lt. Robinson Sgt. Blue and Co. Hill about what Lt. Killgore did on Tuesday. Lt. Robinson said, "Killgore doesn't like you." I don't know if Lt. Robinson will say that when I call him as a witness, but Sgt. Lee will not lie. He's strong in his Christian Faith. I'll have to call Sgt. Lee to verify what Lt. Robinson just said. I hope to hear back from that Attorney soon. I want to get this thing going so I can stop all this stupidity. Lt. Robinson also said, "Clark you know you'll bend the rules and lie, and so do we, it's part of the game." He said that when we were talking

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about Millgore setting me up with that bogus D.R. on sept. 9, that has me on Hightened security. well I'm going to listen to some music and wait on lunch. 12:33PM we ate lunch around 11:30 am. we had Fried Rice, that's not a bad meal. They say canteen is coming this afternoon. I'm actually debating whether or not to work out some more. The lock got stuck on my door. and Co. Wagner spent 20 minutes trying to get it off. He and the Sgt. Finally got it off at 5 minutes till 12. and they switched it for one down on the shower. I'm going to wash cloths and bath in here at about 3:30 PM. That way's they don't have to go through all those chains and b.s. tonight. Cause the OFFICER'S hate having to do that. I'd like to go back outside, it is so nice outside. I hate this damn cage. Wish we could get out of here at least one hour every day. most states it's like that, but here we stay locked up 5, 6 days straight before they take us out. And they may run rec on Monday and Tuesday. and that's your rec for the week. wed, Thur. Fri. sat, sun with NO out of cell time. and then next week's rec could be run on wed and Thur. so you've been locked in this cage 7 days with no break. Let me get up and walk and figure out what to do next.

3:23 PM I'm getting ready to bath and wash cloths. Assistant warden Jeff Coat went by about 2:30 she spoke as she was passing, just saying "how is it going Clark?" I responded, "it's going" I like her, I just think she's caught up in this corrupt ass administration. There's three people in this Administration that have a lot of honor

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and integrity. one is major Jefferson, two Lt. Sallie and three is the Administrative Sgt. Sgt. Lee. The rest are either corrupt as hell, or suspect. Well they just made their last 30 minute round. so I'm going to wash cloths and bath. we may get canteen in the morning.

3:58 PM just finished zip and I feel so much better. wish we had showers in these cells. well I'm fixing to lay back relax and eat a burrito.

5:14 PM just ate dinner. one of them patties. wish they would cook the damn things. I'm fixing to lay back relax and call it a night. They will be starting showers here soon. I seen on the news where Connecticut is abolishing capital punishment. That's good to hear. well that's another day here on Florida's Death Row.

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