

Universal Life Church

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Credentials Of Ministry

This is to certify that the bearer hereof was ordained
this date: July 21, 1998

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Lida G. Hensley
Lida G. Hensley, D.D., President

Greetings!

Beltane 2012

While this gracious blog site is still in operation I intend to continue reaching out from my personal purgatory to share thoughts with you all out there. It would be nice to read more from you — but until that begins to happen, I just have to continue this cathartic venting while I have this opportunity. Even if it seems a soliloquy of sorts.

Look: Affinity, Reality, Communication. These A.R.C. elements are fundamental to all relationships, be that relationship with your spouse, children, pets, your boss at work — or employees, your neighbors, etc. et al.

If one wishes to improve any relationship, consider how you may address this A.R.C. principle. For instance; there is a natural Affinity between Members of a family, or a company, or a club, etc.. The degree of that Affinity ... and the function-ability of the relationships therein rely pretty much upon the Reality the members understand. Hence a company, or a club, (or a family, for that matter) will not function optimally if and when they do not Communicate and exchange ideas.

Alas, here attached are two more pages to share my thoughts with you all out there. I pray these blogs benefit you in some way.

Be Blessed.

Living On Purpose (LOP)

Statement Workbook

Adapted from D. Anon's M.D. One Page Miracle

In Group Assignment:

12. There are four major areas in your life:

- Relationships (family, friends, staff)
- Work/education/finances
- Personal life (the part of you not related to relationships or work, like hobbies, hobbies, personal growth)
- Spiritual (Your essence, soul, personality and character - the part of you known only to yourself and to your higher power)

How important is each area to you? Rank each area on a 1 to 10 point scale, giving 10 points to areas that are very important to you and 1 point to areas which are not very important. How much time do you spend in each area? Does this reflect its importance to you?

Area	Rank	Time (lot, some, little)	Does it reflect? (Y/N)
Relationships	8	Some	Y
Work/Education/Finances	4	Little	Y
Personal life	6	Some	Y
Spiritual	8	Lot	Y

Group Discussion

Briefly describe why you ranked the items in the order listed above.

I ranked "Spiritual" with 8, as I apply myself to it constantly - being Mindful of it in every facet of my day - and night. "Relationships" were also ranked with 8, as I am mindful of the old axiom that sez: It is not enough to 'know', we must Do! That is to say, those things I've developed on my Spiritual path are only as worthwhile as I dare to apply in engaging every aspect in this corporeal experience. "Personal" I ranked with 6, thinking of my exercise routine which is really minimal (e.g. morning Yoga/Meditation for approx. 1 hr., then a noon walk outside for approx 1 hr., and afternoon I do a half hour cardio/legs routine I do before I go back outside to beat on the big-bag for a few rounds). Also I am considering my "Personal" hobbies of reading and applying myself to several self-development workbooks, these LOP In Cell Assignments, writing letters and my art projects, which leaves much I should be doing to improve on this area. Yet this low rated "Personal" is reflected in

#12 - (cont.)

ranking "Work/Education/Finances" lowest of all at 4, primarily due to the Work/Finance element, which simply doesn't rank highly with me. The only real "Work" I do is my Artwork, and that I send out in the mail to my family and friends as up-lifting gifts of my love toward them.