

NORFOLK RUNNERS CLUB

Race Results - April 7, 2012

Distances: 5 K (9 laps) 9:00 am start
 1 mile (3 laps) 8:50 am start

Weather: 45° & Clear
 Light wind

Age Classes: Open - 39 & under (O)
 Master - 40 - 49 (M)
 Senior - 50 - 59 (S)
 Grand Master - 60 & over (G)

5 K - Record: Alex Rodriguez - 18:25 (10/30/04)

Runner	Time	Pace	Pts.	Age-Pl	Bonus	Total
	20:02	6:27	22	O-1	3	25
	20:57	6:45	18	O-2	2	20
	21:12	6:49	15	O-3	1	16
	22:01	7:05	13	M-1	3	16
	22:05	7:06	12	S-1	3	15
	22:35	7:16	11	M-2	2	13
	23:21	7:31	10	M-3	1	11
	24:41	7:57	9	M-4		9
	24:44	7:58	8	O-4		8
	24:48	7:59	7	S-2	2	9
	25:25	8:11	6	M-5		6
	25:31	8:13	6	M-6		6
	26:22	8:29	6	M-7		6
	26:41	8:35	6	M-8		6
	27:29	8:51	6	O-5		6
	27:31	8:51	6	G-1	3	9
	28:13	9:05	6	M-9		6
	32:11	10:23	6	M-10		6
	DNF		2	O		2

1 mile - Record: Robert Chadronet - 5:08 (7/23/11)

Runner	Time	Pts.	Age-Pl	Bonus	Total
Robert Chadronet	5:43	18	O-1	3	21
	6:36	14	M-1	3	17
	7:32	11	O-2	2	13
	7:35	9	O-3	1	10
	8:48	8	S-1	3	11

- A great turnout for our first race of the year. ARod and Bizz picked up wins, but in much slower times than a year ago. Ricardo held on to be our top newcomer despite starting out way too fast. An impressive 2nd place for E.Boyarsky who looks ready for big things this year and S.Putnam won the Senior class with a 5th overall time despite having to run solo due to a scheduling conflict.

- Speaking of scheduling conflicts, the administration cancelled the Patriots Day half & full marathon. After much debate, the Club decided to give the guys that have trained for those races the opportunity to run them by moving them to the next scheduled race day. As a result, we hope all of you will join us to run any one of the following races:

Saturday, April 28 - 8:30 am - 2 mile and 5 mile
 12:30 pm - half and full marathon