Dear Melinda (27 June),

Your messages were received on 26 June, and even though Tom told me they were coming, I was delighted to hear from you.

You're GREAT! and a true heroine for taking up our cause. So many people talk, but do nothing. It is such a sad sight to see so many socially worthy men such as Tom wasting away in this horrible place.

As an old man, seeing so many younger men with their lives destroyed, I realize how lucky I am to have had a life. To prolong punishment and social isolation of these men is cruel beyond understanding. Let your voice be heard!

I'm proud to be in your shadow, Robert