

Seek Reconciliation

7-7-12

Sometimes the only way to get over your hurt feelings is to seek reconciliation. And if you are willing, God will help you do it. George Elliot wrote: "Oh, the inexpressible comfort of feeling safe with a person; having neither to weigh thoughts nor measure words, but to pour them all out, just as they are, chaff and grain together; knowing that a faithful hand will take and sift them, keep what is worth keeping, and then, with a breath of kindness, blow the rest away."

A college professor who was teaching on the high cost of unforgiveness asked each of her students to select a potato and write a person's name and date on the potato who they refused to forgive. She asked each student to bring a potato sack to class and administer each potato to the sack everytime they refused to forgive someone. The main requirement was to carry this sack of potato's around with them for a month. After lugging those sacks around for awhile each student began to recognize how much weight they were carrying; the amount of energy it took to focus on their sack; and that they had to be careful not to leave it in the wrong place. Eventually as the potatoes began to rot and stink, they realized that getting rid of them was the only smart thing to do.

Jesus said, "If you forgive someone's sins, they're gone for good. If you don't . . . what are you going to do with them?" Good question! How would you like God to forgive you in the same way you forgive others? If that thought makes you uncomfortable, do something about it!

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