


FROM: 23038076  
TO: Lummus,   
SUBJECT: MP. 42 step 1 end  
DATE: 07/22/2012 12:37:28 PM

MP.42

Continuation- Part 3

7.22.12

Now these repercussions were all pre-arrest. Of course, severe consequences happened after the imprisonment. It solidified the separation between my wife and me. Where we were when I went in was as close as we would get to each other. From that point on, time and distance pulled us apart more. While the end of the marriage was pretty clear as of summer of 2009 (if not officially/legal ling acknowledged), the time since then has only made getting back together even more remote. Besides the loss of the marriage, there is her shame in being with an SO. The shame of my acts hurts her as well. When people that now us both, will look at her and think of my crime. She is married to a felon and a sex offender. A possible side effect is her concern with any role she could have played in my behavior. That thought cannot be totally eliminated by my denials after the fact. All this is not fair to her.

With my son, the time of graduation from High school, going to college, and choosing majors is very important time. I have missed that. Contact on the phone once a week, is not much. In addition, to separation, the shame issue is again. He will always have a dad who was a felon and a Sex offender. That is something that will hang in his consciousness, even if others do not know the information or not. He and my wife are victims of my crime because they will always be associated in their own minds (if not others) with my criminal activity.

My parents and family's shame is as great as my wife and son. My actions have placed a heavy burden on my aging parents who are not well. To be a parent of a sex offender and felon is too push them further into the shadows of their own community. At a time when they should be basking in the sunshine of children and grandchildren all doing well. My empty place at family gatherings will remind them of darkness that they cannot wish away.

Step one is an acceptance of the reality of life with addiction. I do not want to live that way any more. I want to live without my addiction as my higher power. It is an illusion that my addiction will provide me with a sustainable life. I am ready to contemplate a new path, a new life.

mindful prisoner

allan lummus

[betweenthebars.org](http://betweenthebars.org)