

Caged Butterfly

*With Grace you find strength, hope and peace
For body and soul*

I am Maisha Mahalia and I want to be a voice for the battered and abused; who are not inclined to raise their voice, because of shame, ^{I'VE} and overcome the ^f fear, as well as endured the pain. Through the years of incarceration and the help of counseling, I realize I am more than a statistic. My voice deserves and needs to be heard.

Society needs to understand how women fall into volatile relationships, and feel trapped.

I would like to ^{share} share my own personal turmoil within my life and my relationship/ marriage and, why I stayed or should I, say kept going back.

I want to be viewed as a woman who has endured and overcome, not a ^{Statistic} statistic. When you read my words regarding my life, I want you to visualize them. When I express my feelings, I want you to feel what I felt. When you finish, I want your thoughts to be "Damn, I never would have known"

I want my words to make an impact on other women, so they may avoid the pain and sufferings I have faced. If my experiences can help another woman; even just one; to escape a life as I have lived, it was well worth me writing.

I pray you enjoy as I take you into the life of a caged butterfly