

Act or React - The Choice is Ours To Make

A really good man once told me "If when they yank your chain you flush, you loose!" It took me just about 15 years to really get a handle on what he meant. It may not be that hard for the rest of you (if you're even out there). When I find myself reacting to circumstances around me, I find any forward progress in my life tends to stop. I learned just a little about how not to live my life reacting. I have found that if I am goal orientated, living with a purposeful intent, then it is more probable that I will not find myself tossed to and fro by whatever life throws at me.

Let me give you an example from today in my life. I have a floor officer that has decided to read the policy governing dayroom in such a way to deprive me of the opportunity to go out. Reacting would have meant challenging him in the error, possibly filing an appeal, standing at the door to discuss the situation with others. That would have been reacting. Instead I am moving forward towards my goal of reaching beyond these walls with Truth. I am acting in such a way as is consistent with my goals, not the officers. I no longer have to react, which is really an exhausting way to live.

I find that if I am just kind of strolling along and waiting to see what comes my way, chances are I am not going to like it much! It is in purposeful living that we get what it is we desire to be manifested in our lives. It is in acting, not in reacting. If you were running a marathon, and stopped to listen (react) to every comment made by every spectator along the way I can guarantee that not only will you not finish the race you will live a life of frustrated misery to boot!

It is time to set ourselves on the goals which are before us and stop reacting to the storms life throws at us, because storms it will throw!

Let us set our minds to act and leave reacting to the foolish